Workbook for self-preparation and control of mastering the competencies of residents studying in the specialty 31.08.77 – "Orthodontics"

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The manual has been prepared in accordance with the work program of the basic professional program of postgraduate professional education for independent training and control of the assimilation of the competencies of residents. It has been developed in accordance with the Federal State Educational Standard for Higher Education (Order of the Ministry of National Science of Russia dated 27.08.2014 N 1128 "On Approval of the Federal State Educational standard of higher Education in the specialty 31.08.77 "Orthodontics" (staff training level highly qualified)" (Registered with the Ministry of Justice of Russia on 23.10.2014 N 34421) and by order of the Ministry of Education and Science of the Russian Federation Russian Federation No. 1061 dated September 12, 2013 "On Approval of the lists of specialties and areas of higher education training"; direction of education: 60910100 - "Dentistry".

The tasks for the independent training of residents and the control of the assimilation of the module's competence in the specialty 31.08.77 - "Orthodontics", direction of education: 60910100 - "Dentistry" as well as test tasks and situational tasks with answers are presented. It is intended for classroom work of residents studying in the specialty 31.08.77 – "Orthodontics; direction of education: 60910100 - "Dentistry".

Recommended by the Coordinating Scientific and Methodological Council and approved by the decision of the Editorial and Publishing Council of the Federal State Budgetary Educational Institution of Higher Medical Education of the Ministry of Health of the Russian Federation

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#### **INTRODUCTION**

Orthodontics - the science that studies the organization of orthodontic care, anatomical and morphological features of the maxillofacial region in different age periods, the etiology and pathogenesis of maxillofacial anomalies, modern methods for diagnosing morphological and functional disorders of the maxillofacial region in dentoalveolar anomalies, the use of computers in orthodontics, modern methods for the treatment of maxillofacial anomalies, dental anomalies and deformities, features of orthodontic care for congenital malformations of the face and jaws, prevention of dental anomalies, features of dental prosthetics in children and adolescents, morphological and functional restructuring of the maxillary system under the influence of orthodontic appliances, orthodontic laboratory technology, retention of the results of treatment of maxillary-facial anomalies, recurrence of maxillary-facial anomalies. The study of these sections is necessary for mastering the basic educational program of higher education – the level of training of highly qualified personnel in the clinical residency in the specialty 31.08.77 "Orthodontics".

An orthodontist with professional competencies (PC) in preventive healthcare: willingness to implement a set of measures aimed at preserving and strengthening health and including the formation of a healthy lifestyle, prevention of the occurrence and (or) spread of dental diseases, their early diagnosis, identification of the causes and conditions of their occurrence and development, as well as aimed at eliminating the harmful effects of environmental factors on human health (PC–1); In diagnostics, willingness for the diagnosis of dental diseases and emergency conditions in accordance with the International Statistical Classification of Diseases and Health-Related Problems (PC–5); in psychological and pedagogical activity, the willingness to form motivation among the population, patients and their family members aimed at preserving and strengthening their own health and the health of others, teaching patients basic hygienic measures of a health-improving nature that contribute to the preservation and strengthening of health, and the prevention of dental diseases (PC-10).

### PART I. ORGANIZATION OF ORTHODONTIC CARE

dental doctors calculated?
How many conventional units of labor intensity of work of doctors during the manipulations performed by an orthodontist :
1. Comprehensive initial medical examination, consultation on bad habits, study
of the functions of the dentoalveolar system
2. Elastic mass impression (2) after 7 years of age
3. Casting of control and diagnostic models (2)
4. Activation of the orthodontic appliance
5. Fitting a removable appliance (single-jawed one)
6. Storage of a removable device (bimaxillary)
7. Acquaintance parents with the design of the appliance
8. Constructive bite type up to 7 years old
9. Grinding of temporary teeth (4 teeth)
10. Myotherapy
11. Massage
What does the order of the Ministry of Health and Social Development of the
Russian Federation No. 289 of April 14, 2006 indicate?
According to the order of the Ministry of Health and Social Development of the
Russian Federation No. 289 of April 14, 2006 "Recommended staffing standards for
medical and other personnel of children's dental clinics".
1. Positions of orthodontists are established at the rate of positions per 1000
children.
2. Positions of dental surgeons are established at the rate of 1 position po-
sitions of children's dentists.

3.	The position	of the head of a chil	ldren's denta	l department of	any profile is
establish	ed for every _	positions for eac	h position of	f a dentists provi	ided for in the
polyclini	c by these rec	ommended staff stan	dards.		
4.	Positions of n	urses of medical offi	ces are estab	lished at the rate	e ofposi-
tion for e	each position of	of a pediatric dentist,	a dental surg	geon and an orth	odontist.
Wl	hat does the o	order of the Ministry	of Health of	of the Russian F	ederation No.
910n	of	November	13,	2012	indicate?
Ac	ccording to O	rder No. 910n of No	ovember 13,	2012, recomme	ended staffing
standards	s for children'	s dental clinics (dep	artments): 1	position of an o	orthodontist is
establish	ed for 10 dent	ists of children.			
Or	der of the Mi	inistry of Health of	the Republic	of Bashkortost	an No. 976-d
dated Ma	arch 31, 2015	indicate that			
W	hat order aj	oproved the medic	cal record	of an orthodo	ontic patient?

# PART II. ANATOMICAL AND MORPHOLOGICAL FEATURES OF THE MAXILLOFACIAL REGION AT DIFFERENT AGE PERIODS

#### The period of intrauterine development of the fetus

At week, the oral and nasal cavities are separated by the development of two
palatine processes, which, growing together with each other and with the nasal septum,
form a primary palate. At week, temporary teeth are laid. There is a high position
of the tongue and a prognatic ratio of the jaws.
At week, the two mandibular processes are fused together.
At week, the alveolar process of the upper jaw and the rudiments of incisors
(central and lateral), canines and the first permanent molars are laid.
During the week, enamel organs and dental papillae of the rudiments of
teeth are formed.
Oral cavity of newborns and infants
This period of development is characterized by the following age features:
-A vertical gap of mm remains in the frontal part;
- infant;
<ul> <li>sagittal gap between the alveolar processes of the upper and lower jaws within</li> </ul>
;
<ul> <li>by the time the baby is born, the temporomandibular joints are formed</li> </ul>
In a child under six months of age, the physiological state is
type of swallowing. After incisor eruption, the physiologi-
cal type is gradually transformed into a physiological one:

### Characteristics of the maxillofacial region in preschool age

Write dental eruption schedule of primary teeth:

Tooth	Eruption (in months)
I	
II	
III	
IV	
V	

The d	lental arcl	hes of the	e upper and	l lower j	aws have	the next ty	pe of shape
Bite –	closing or	f the denti	tion with the	usual po	sition of t	he lower jaw	– in children
of this age	<u></u>					_•	
In the	e central	closure,	the distal	surfaces	s of the	molars are	located in
							·•
		Charact	eristics of tl	ne maxill	ofacial re	egion	
		in pr	eschool age	(from 3	to 6 years	s)	
On the	e upper ja	w, the den	tal arch has	the next	type of sh	ape:	
and on the	lower jav	w					
The		most		acteristic		symptom	is
both front	teeth and	molars.					
Due	to tl	ne dev	elopment	of p	ermanent	incisor	rudiments
							occurs

### The maxillofacial region of a person during the period of junior and senior school age

Write dental eruption schedule of permanent teeth:

Tooth	Eruption (in years)
1	
2	
3	
4	
5	
6	
7	
8	

	gnathic occlusion:
•	gnainte occiusion.
2	
3	
	ro-edge occlusion:
1	
2	
——— Maxill	ary and mandibular prognathism (Bimaxillary prognathism):
1	
2	

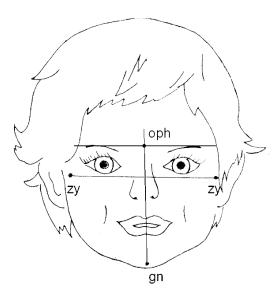
Opistognathia:	
1	
2	
Write the six keys to normal occlusion (Andrews, 1972):	
Key I:	
Key II:	
Key III:	
Key VI:	
Key V:	
Key VI:	

# PART III. ETIOLOGY AND PATHOGENESIS OF DENTOFACIAL ANOMALIES

Breathin	ıg disorde	ers can lead						
Write th	ree group	os of bad h	abits b	oy V.P. Ok	ushko			
	-			•				
2)								
3)								
What	does	bad		habits	mear	l	in	den
Types of	f chewing	g dysfuncti	on:					
1								
2								
3								
What	the	types	of	swalle	owing	do	you	-
Reasons	of mouth	n breathing	<u>;</u> :					

Macroglossia
Signs of a short lingual frenulum (ankyloglossia, tongue-tie):i
There are types frenulum of the tongue that limit tongue mobility (Khoro
shilkina F.Ya., 1965, 1986).
The first type is
The second type is
The third type is
The fourth type is
The fifth type is

### PART IV. MODERN METHODS OF DIAGNOSTICS OF MOR-PHOLOGICAL AND FUNCTIONAL DISORDERS OF THE MAX-ILLOFACIAL REGION



The form	of a person's profile is determined	by, which is
formed as follo	OWS	
The value of the	angle 170-190° characterizes	face profile, more than
190° –	, less than 170° –	face profile.
	gl	
With a hea	althy TMJ, the mouth opens at	
study the conditi frenulum.	luating the soft tissues of the vestibution of the frenulum of the lips. There	e are 3 main types of abnormal lip
Type II		
Type III		;

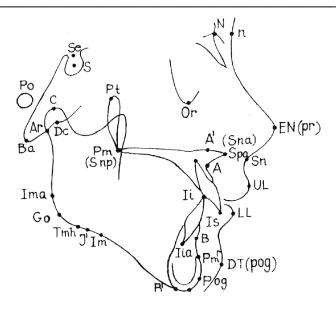
Normally, the frenulum of the upper lip is attached at the distance
from the interdental papilla, it has a sufficient length and does no
limit the mobility of the lip.
Normally, the depth of the vestibule varies The shallow
vestibule has depth
Study of plaster models of jaws
Dental measurements.
The width is determined by
at the lower incisors
The height of the crown part of permanent teeth is measured
The thickness of the crown part of the tooth is
Relationships between tooth sizes.
Tonn revealed
The Tonn Index is equal to
Pont (1907) derived the relationship between
The width of the dentition is measured in the area of the pre
molars at the points suggested by Pont:
- on the upper jaw
- on the lower jaw

The width of the dentition is also measured between the first permanent molars
at the points:
- on the upper jaw
;
- on the lower jaw
Pont derived the premolar and molar indices:
Premolar index =;
Molar index =
Korkhaus proposed to determine the length of the anterior segment of the dental
arch depending on
Measurements are carried out
Measuring the size of apical bases  Apical basis
The size of the apical base is studied in the transversal and sagittal directions using the <i>Howes methods</i>
The width of the apical base on the upper jaw is measured between
on the lower iaw

Normally, the width of the apide from the sum of the mesi	cal base of the upper jaw is	
jaw.	1	
	e of the upper jaw is measured	from the point
Normally, the length of the ap	oical base of the upper jaw is	of the lower
one— from the sum of the	e mesiodistal dimensions of 12 pe	ermanent teeth in
each jaw.		
Orthopantomography, or pand sults:	oramic tomography, provides th	ne following re-
When deciphering the TRG in scheme proposed <i>by L. S. Persin</i> (199	the lateral projection, it is advisa 96), which contains the estimate:	
When decoding telerentgenogr points are used:	rams in the side projection, the fol	llowing lines and
A		
		·

DT (skin point	pogonion)
Gn (gnathion)	— <u> </u>
Go (gonion) –	
EN	
L L –	
Me (menton) –	
N (nasion) –	
Or (orbital) – _	
Pm (pterygomo	axillary), a synonym for PNS (spina nasalis partrior) – _
Po (porion) – _	

Se (setla) –		
S (sella) –		
SNA (spina nasalis anterio		
UL		
EN-DT-		
FN		
<i>NL</i> –		
M L –		



Cephalometric anthropometric points

Angle SNA characterizes the position			
Its average value is	<i>An increase in the angle SNA</i> characterizes		
(-	forward position). A decrease of the angle SNA characterizes		

the upper retroposition (distal position). *Y20* The SNB angle characterizes the position \_\_\_\_\_. Its average value is\_\_\_\_\_\_. Increasing the SNB angle characterizes \_\_\_\_\_\_. Reducing the SNB angle characterizes \_\_\_\_\_\_. NL PTV Cephalometric lines and planes *OcP*-\_\_\_\_\_ profiles distinguished Ricketts Face by the method: are A person's profile is determined by evaluating \_\_\_\_\_ \_\_\_\_\_. The upper lip point (*UL*) must be located at \_\_\_\_\_\_

co	The protr				-	-	om the aestho	-	-
	determined								
pl	ane								 
•									
		Convex				le types ac	EN LL LL DT Coording to Rethods	icketts	
	Rheograp	ohy							 
	Photoplet	hysmo	graph	ny-meth	nod				·
	Electromy	yograpl	n <b>y-</b> _						·
	A function	onal ch	ewii	ng test	allow	s you to o	determine _		·

Masticationography-

### PART V. USE OF COMPUTERS IN ORTHODONTICS

Electromyography allows you to
Arthrophonography-
A v. o anombry
Axiography-
T d 1 d d 1 11 d 1 d
In orthodontics, the method allows you to evaluate
Rheography allows you to study
Orthopantomography (panoramic zonography) allows you to get
To evaluate the orthopantomogram, it is recommended to study five topograph areas sequentially:
Intraoral radiography of teeth allows you to get a detailed, high-quality image
;

Digital intraoral radiography (radiovisiography), based on obtaining an image an object
Radiography of the palatine suture is performed using dental X-ray machin
using a direct close-focus method in order to determine:
Tomography allows you to study the following characteristics of the TMJ:
Indications for the use of MRI in orthodontics are:
Cone-beam computed tomography (CBCT). Indications for the use of the
method are

Radiography of the hand is used in the following cases:

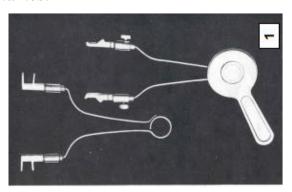
Cephalometry allows you to:
cepharometry and way out to:
The CEREC system in orthodontics is used to create
Areas of application of T-Scan III:
Occlusion analysis with the T-Scan III device allows the dentist to:
<del>-</del>
— <sub>1</sub>

### PART VI. MODERN METHODS OF TREATMENT DENTAL ANOMALIES

Myogymnastics	
Surgical methods of treatment include:	
Surgical methods of treatment include:	
The purpose of orthopedic treatment is to	
Orthodontic appliances are divided by:	
for medical purposes:	
by place of overlay:	
<b>-</b>	

by fur	ction:			
The alam	nt bace of adaptice equi	amant includac		
The elem	ent base of edgewise equip	oment includes	locking appliant	<i>cc</i> <sub>5</sub> .

### Write the device names:

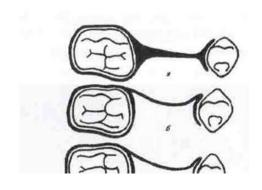








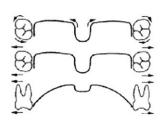


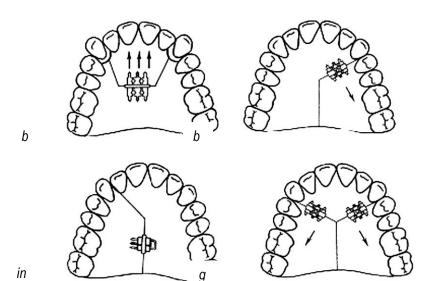




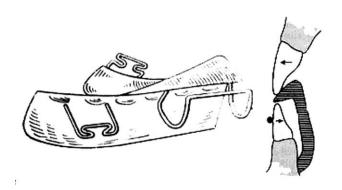
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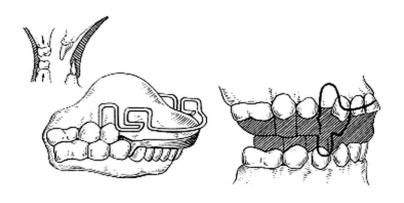




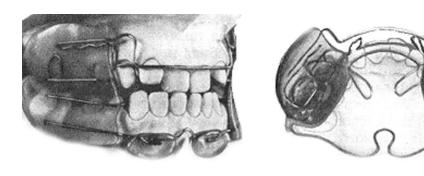


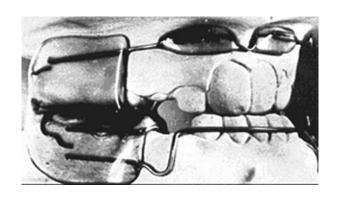
	Plates	_:
a		_;
b		_;
c		_
d		_•

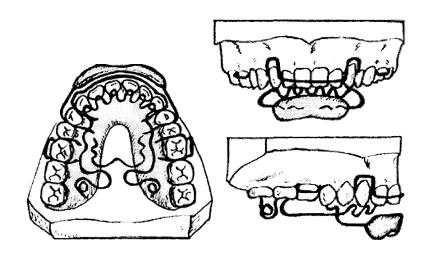












# PART VII. DENTAL ANOMALIES AND DEFORMATIONS

	Complete the	he definiti	ions.							
	Anomaly									
							 			·
	Deformity-						 			
	The Angle of	loggificati	on is bee	and on						•
	The Angle of	rassificati	on is bas	sea on						<del></del>
	The first cla	ass is char	acterize	 d bv				· · · · · · · · · · · · · · · · · · ·		··
The	mesial-bucca									
							·· F F · -	J		
										·
	The	second	C	class	i	.S	charac	terized	1	as
										•
	This class is									
	Division I–						 			<del> </del>
	Division II–									
	Division II						 			
	The	third	cla	ass	is		characte	erized		 by
					15					<i>- y</i>

ord	ing to the classification of dental anomalies of D. A. Kalvelis, there are
1	. Anomalies in the amount of teeth:
_	
2	. Anomalies in the size and shape of teeth:
3	. Anomalies of the structure of hard tissues of the teeth:
_	·
4	. Violations of the teething process:
_	
<i>A</i>	bnormal position of individual teeth:
_	
_	•
_	·
_	·
_	·
$\overline{A}$	nomalies of the dentition shape:
_	
_	

<u> </u>	 
Transversal anomalies:	
- <u></u>	 
Vertical anomalies:	 
Write the definition of occlusi	

Specify the type of occlusion corresponding to the plane of the anomaly and the area of the dentition.

Plane of anomaly	Area of the dentition	Type of occlusion
Sagittal	Lateral	1.1
		1.2
	Front	1.3
		1.4.
		1.5
Vertical	Lateral	2.1
	Front	2.2
		2.3
		2.4
		2.5
Transversal	Lateral	3.1
		3.1.1
		3.1.2.
		3.1.3

		Front	3.2	2							
											·
The	C	up of A.J.I	Katz clas	sificati	on is	charac	cterize	ed by a	a ch	ange in	
The logical str	C	roup of cla Class II		•					•	•	
The structure	C	up of A. J.					•			1 0	

# PART VIII. FEATURES OF RENDERING SERVICES OF ORTHODONTIC CARE FOR CONGENITAL MALFORMATIONS OF THE FACE AND JAWS

Specialized rehabilitation centers for children with congenital malformation	
the maxillofacial region are divided into	
Republican and inter-district centers for diagnosis and treatment of children	
congenital cleft upper lip and palate should include the following specia	——
Mambalaciael digardons	·
Morphological disorders	
Functional disorders	
The objectives of surgical treatment for congenital cleft upper lip	are:
In uranoplasty, the main tasks are:	·
in tranoplasty, the main tasks are.	
In the treatment of this group of patients, interdisciplinary cooperation of der	 ıtists
of various profiles is necessary, such as	

	In case of co	ongenital isolate	ed cleft	of the upper	lip and alveol	ar proce	ess, ortho-
dontic	treatment	in the peri	od of	temporary	and mixed	bites	is used
	Orthodontic	treatment	for	congenital	isolated	cleft	palate:
		treatment for co	Ü			t lip, alv	eolar pro-
fixed	Expansion o	f the upper jav		a pronounced	I narrowing is appliance:	perfori	med using

# PART IX. PREVENTION OF DENTAL ANOMALIES

Prevention-		
	measures during the first year of life:	·
_		
Preventive	measures during the period of mixed bite:	
Dispensary	Status and diseases in which children	
group 0 (I)	are subject to dispensary observation	
I (II)		<u>-</u> '
2 (22)		
		<u> </u>
		·

	<b>–</b>	 
	<u> </u>	
	_	
IIa (III)		 
III. (IV)		
IIb (IV)		 

### PART X. FEATURES OF DENTOFACIAL PROSTHETICS IN CHILDREN AND ADOLESCENTS

1	 	 	
2			
3			
4			
5			
6			
7			
· ·			
8			
0			
0		 	
9	 	 	
10	 	 	
10		 	

11
12
13
Indications for dental prosthetics during the period of mixed dentition:
1
2
3
4
5
6
6
7
8.

9	
10.	
11	
11.	
Indicatio	ns for dental prosthetics during the period of permanent occlusion
1	
2	
2	
3	
4	
5	
6	
7	
/	

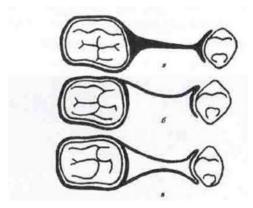
# ics Fixed prosthesis 3.1. ; 3.2. \_\_\_\_\_ 5.3. \_\_\_\_\_ 5.4. \_\_\_\_\_ 5.5. Removable prosthesis: 1.\_\_\_\_\_ 2. \_\_\_\_\_

Write the types of orthopedic structures used in children's dental prosthet-

#### Classification of dentition defects in children

Class	Subclass	_		
Ι	1 2 3			
**	1.2.2			
II	1 2 3		 	
III	1 2		 	
IV				
V				
VI			 	

Write the name of the appliances.



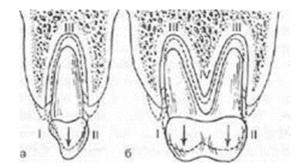
Removable	dentures	are	fix
2			
The main structural	elements of removable d	entures:	
1			
2			
3			



# PART XI. MORPHOLOGICAL AND FUNCTIONAL RESTRUCTURING OF THE DENTAL SYSTEM UNDER THE INFLUENCE OF ORTHODONTIC APPLIANCES

arise	When the tooth is displaced on different sides of its fit to the alveolus, forces									
	The side in which the tooth is displaced (in the direction of the force) is, and the opposite side, from which the tooth is displaced,									
	On	the	pressure,	side,	there	is the	•		fissure side–	
						4 1 2 2 2 2				
	Bior	nechani	cs of orthodo	ntic hori	zontal mo	vement o	of teeth	in a longitu	dinal sec-	
tion:										
a										
_; b									:	
b									;	
c										

Arrows indicate the direction of force and movement of the tooth. Bone resorption and neoplasm (Calvelis).



Biomorphology of dental alveolar elongation:

In	zones	I,	II,	III,	and	IV,	the	following	events	oc-
cur:_							•			
Arro	ws indica	ite the	direct	ion of t	he curre	ent force	e (Calvo	elis).		
	Biomor	pholo	gy of t	ooth in	trusion	in the al	lveolus.			
	In zone	s I and	d II, th	e follov	wing occ	curs:				,
and	in the II	I zon	e							•
Intru	ision the s	single	-root (a	a) and d	louble-r	oot (b)	teeth. A	rrows indicate	e the directi	on of
force	e (Calveli	s).								
	Body m	ovem	ent im	plies _						
	Oblique	e-rotat	tional r	novem	ent of th	ne tooth		3		·
										•

Depending on the condition of the capillaries, capillary pressure:
I degree – the pressure forces are so small that they do not cause any reactions
from the periodontal tissues – g / cm <sup>2</sup> ;
II degree – the force is slightly less than capillary pressure, but when it is applied
to the tooth, possible changes in periodontal tissues (g/cm²);
III degree – the force greater than capillary pressure causes the appearance of
anemia on the compression side, blood stagnation, the patient complains of soreness
like the initial stages of periodontitis;
IV degree – the efforts of orthodontic action (up to g / cm²) are so signifi-
cant that it causes compression and crushing of the surface layers of periodontal tissues.
In orthodontics, there are several main types of tooth movement:
Rotation-
Intrusion-
Extrusion-
Tipping
Efforts to move the teeth:
<ul> <li>oblique-rotational movement of a single-root tooth g / cm²;</li> </ul>
<ul> <li>body movement of a single-root tooth g /cm²;</li> </ul>
<ul> <li>body movement of a multi-root tooth g / cm<sup>2</sup>;</li> </ul>
<ul> <li>for the movement of the root of the tooth ("torque") g / cm<sup>2</sup>;</li> </ul>
- for tooth extrusion g / cm <sup>2</sup> .
Movement of one or several teeth is carried out in the sagittal, vertical, transver-
sal directions or in several directions simultaneously. In the transversal dentition
In the sagittal direction, the teeth are moved
In the vertical direction, , the teeth are move
When the sutures are compressed, there is, since
the sutures are adapted to resist compression; when stretched,

occurs faster, as the sutures are adapted to its constru
tion when the collagen structures are stretched. The speed of opening of seams depen
on the applied

## PART XII. ORTHODONTIC LABORATORY EQUIPMENT

	In	the	manufacture	of	orthodontic	applianc	ces u	sed
							methods	of
plast	ering.							
	Spec	ify the m	anufacturing step	s for one	e-jaw orthodontic	applience	:	
	1. Cl	inical sta	ge:					
	2. La	lboratory	stage:					·
	3. Cl	inical sta	ge:					
								•
			aboratory stages o	of makin	g a bi-maxillary	device:		
	1. Cl	inical sta	.ge:					
	2. La	boratory	stage:					·
	3. Cl	inical sta	ge:					<u> </u>

#### 4. Laboratory stage:

#### 5. Clinical stage:



Write the name of the orthodontic appliances to each one.



















# PART XIII. RETENTION OF THE RESULTS OF TREATMENT OF MAXILLOFACIAL ANOMALIES. RELAPSE OF MAXILLOFACIAL ANOMALIES

What	the	types	of	retainers	do	you	know?
An acryli Advantaş		late with a	wire ind	ividually atta	ched to th	e teeth.	·
Dicadvar	nta gagt						·
Disadvar 	nages:						
							·
a			6			В	4
	formed r	etainers					
Advantaş	ges:						

Disadvantages:		



Orth	100	lonti	c rela	apse	,							
The	re	are	seve	eral	situations	known	for a	ı parti	cular	tendenc	y to	r

#### **TEST TASKS**

#### Choose one correct answer

#### Part I. Organization of orthodontic care (PC-1, PC-2, PC-5, PC-6)

- 1. ACCORDING TO THE STAFF STANDARD, ONE POSITION OF AN ORTHO-DONTIST IS ASSIGNED
  - a) for 5 children's dentists
  - b) for 7 children's dentists
  - c) for 8 children's dentists
  - d) for 9 children's dentists
  - e) for 10 children's dentists
- 2. HOW MANY GROUPS ARE CHILDREN ASSIGNED FOR ORTHODONTIC IN-DICATIONS DURING MEDICAL EXAMINATIONS?
  - a) 1 group
  - b) 2 groups
  - c) 3 groups
  - d) 4 groups
  - e) 5 groups
- 3. THE MOST EFFECTIVE ORGANIZATIONAL FORM OF TREATMENT OF CHILDREN WITH CONGENITAL PATHOLOGY OF THE MAXILLOFACIAL REGION IS TREATMENT
  - a) in children's somatic polyclinics
  - b) in children's dental clinics
  - c) in specialized centers for the treatment of congenital pathologies
  - d) in the surgical departments of general hospitals
  - e) in orthodontic centers
- 4. FOR THE PREVENTION OF MALOCCLUSION, DENTAL THERAPISTS SHOULD INCLUDE:
  - a) elimination of bad habits
  - b) plastic of frenulum of the tongue

- c) orthodontic applience
- d) myotherapy, massage

#### 5. THE WORK OF AN ORTHODONTIST WITH CHILDREN OF THE FIRST DIS-PENSARY GROUP CONSISTS OF

- a) in hardware orthodontic treatment
- b) in the elimination of bad habits
- c) normalization of functional disorders
- d) in prosthetics
- e) in sanitary and educational work on the education of hygiene skills and other issues

### Part II. Anatomical and morphological features of the maxillofacial region in different age periods (PC-5)

- 1. THE UPPER AND LOWER JAWS ARE FORMED FROM A PAIR OF THE BRANCHIAL ARCHES
  - a) 1st
  - b) 2nd
  - c) 3rd
  - d) 4th
- 2. THE 1ST PAIR OF THE BRANCHIAL ARCHES IS CALLED
  - a) mandibular
  - b) hyoid
  - c) oral fossa
  - d) rudimentary tooth
- 3. THE UPPER JAW IS FORMED WHEN THE NASAL PROCESSES GROW TO-GETHER
  - a) maxillary and medial
  - b) maxillary and lateral
  - c) lateral and medial
  - d) frontal

# 4. IN THE PERIOD OF EMBRYONIC DEVELOPMENT, OSSIFICATION POINTS IN THE UPPER AND LOWER JAW REGION APPEAR ON THE UPPER AND LOWER JAW ON

- a) the 1st month
- b) the 2nd month
- c) the 3rd month
- d) postnatally

#### 5. HOW MANY PAIRS OF THE BRANCHIAL ARCHES ARE LAID IN THE PRO-CESS OF FETAL DEVELOPMENT?

- a) two
- b) four
- c) six
- d) eight

#### Part III. Etiology and pathogenesis of dentofacial anomalies (PC-1, PC-2)

#### 1. RESPIRATORY FAILURE CAN LEAD

- a) to narrowing of the upper dentition
- b) to macrodentity
- c) to microdentity
- d) to retention

### 2. WHAT LEADS TO THE FORMATION OF DISTAL OCCLUSION OF THE DENTITION?

- a) uneven enamel abrasion
- b) pulpitis of baby teeth
- c) breastfeeding problem
- d) enlargement of the lingual tonsil

#### 3. INFANTILE SWALLOWING LEADS TO

- a) to protrusion of incisors
- b) to tooth transposition
- c) canine dystopia
- d) loss of lower incisors

#### 4. HYPOFUNCTION OF THE PITUITARY GLAND CAN LEAD TO THE OCCUR-RENCE OF

- a) super-complete teeth
- b) diastema, gaps between teeth
- c) adentia of the teeth
- d) underdevelopment of the upper and lower jaws, disruption of the timing of teething

### 5. THE FORMATION OF MESIAL OCCLUSION DUE TO THE DISPLACEMENT OF THE LOWER JAW FORWARD CAN CONTRIBUTE TO

- a) oral respiration
- b) sucking on the lower lip
- c) head thrown back during sleep
- d) uneven abrasion of baby teeth
- e) hypofunction of the thyroid gland

### Part IV. Modern methods of diagnostics of morphological and functional disorders of the maxillofacial region (PC-7, PC-9)

#### 1. THE FUNCTIONAL CONDITION OF THE MUSCLES OF THE MAXILLOFA-CIAL REGION IS DETERMINED BY THE METHOD OF

- a) electromyography, electromyotonometry
- b) rheoparodontography
- c) arthrophonography

#### 2. RHEOGRAPHY OF THE TMJ REGION ALLOWS TO DETERMINE

- a) contractility of the muscles of the maxillofacial region
- b) hemodynamic state of TMJ vessels
- c) movement of the mandibular heads

#### 3. ELECTROMYOTONOMETRY ALLOWS DETERMINE

- a) bioelectric activity of the masticatory muscles
- b) contractility of the masticatory muscles
- c) contractility of only the temporal muscles

#### 4. SPECIAL DIAGNOSTIC METHODS IN ORTHODONTICS INCLUDE

- a) examination of the oral cavity, functional tests
- b) anthropometric, x-ray, functional, graphic
- c) survey, examination, measurement of plaster models of jaws

### 5. THE SYMMETRY OF THE DEVELOPMENT OF THE RIGHT AND LEFT HALVES OF THE LOWER JAW CAN BE FIND ON

- a) panoramic radiograph
- b) TRG-side projection
- c) TRG-direct projection and orthopantomogram

#### Part V. Use of computers in orthodontics (PC-1, PC-5, PC-6)

- 1. WHAT METHOD IS USED TO DETERMINE THE SIZE AND POSITION OF THE JAW BONES?
  - a) OPTG
  - b) TRG
  - c) panoramic radiography
  - d) tomography of the TMJ

### 2. DETERMINE THE WIDTH OF THE HEAD OF THE LOWER JAW CAN BE TOMOGRAMS OF THE TMJ

- a) with open mouth
- b) with closed mouth
- c) when the lower jaw is displaced laterally
- d) when the lower jaw is shifted back

3. DETERMINE THE SIZE OF JOINT GAPS CAN BE ON THE TOMOGRAMS OF
THE TMJ
a) with open mouth
b) with closed mouth
c) when the lower jaw is displaced laterally
d) when the lower jaw is shifted back
4. ORTHOPANTOMOGRAM ALLOWS TO ASSESS THE CONDITION OF PERI-
ODONTAL DISEASE OF
a) the anterior group of teeth
b) the lateral group of teeth
c) all teeth of one dentition
d) all teeth of two dentition
5. THE ANGLE OF ANB IN PHYSIOLOGICAL OCCLUSION IS EQUAL TO
a) $0^{\circ}$
b) 2°
c) 4°
d) 5°
Part VI. Modern methods of treatment of dental anomalies (PC-1, PC-2,
PC-5)
1. THE BRACKET CONSISTS OF
a) base, slot and wings
b) base and tube
c) base, slot, hooks and tube
2. BRACKET SLOT SIZE
a) 0.14 inches
b) 0.26 inches
c) 0.18 inches
3. THE AMOUNT OF THE TORQUE IS INCORPORATED INTO THE DESIGN
OF BRACES, WHICH ELIMINATES THE NEED FORBENDING
a) first order

b) second order
c) of the third order
4. ACCORDING TO THE METHOD OF FIXING THE ORTHODONTIC ARCH IN
THE SLOT OF BRACES, THERE ARE
a) ligature and self-ligating braces
b) ligature and vestibular braces
c) lingual and vestibular braces
5. ORTHODONTIC ARCHES HAVE NEXT CROSS-SECTION
a) round, triangular and square
b) round, rectangular, square and twisted
c) round, rectangular and oval
Part VII. Dental anomalies and deformations (PC-1, PC-2, PC-5)
1. DENTITION IN THE BITE OF TEMPORARY TEETH HAVE THE SHAPE OF
a) half-ellipse
b) semicircles
c) parabolas
2. THE SHAPE OF THE UPPER DENTITION OF AN ADULT IS NORMAL HAS
THE FORM
a) semicircle
b) half-ellipse
c) a parabola
3. THE SHAPE OF THE LOWER DENTITION OF AN ADULT IS NORMAL HAS
THE FORM
a) semicircle
b) half-ellipse
c) a parabola
4. THE DEPTH OF THE INCISOR OVERLAP NORMALLY DOES NOT EXCEED
a) ½ crown heights of the lower incisors

b) ½ crown height of the lower incisors

- c) <sup>2</sup>/<sub>3</sub> crown heights of the lower incisors
- 5. THE UPPER INCISORS ARE NORMALLY IN CONTACT WITH THE LOWER INCISORS BY
  - a) palatal surface
  - b) cutting edge
  - c) the vestibular surface

### Part VIII. Features of rendering services of orthodontic care for congenital malformations of the face and jaws (PC-1, PC-2, PC-5, PC-6)

- 1. AT WHAT WEEK OF EMBRYO DEVELOPMENT DOES LIP AND PALATE FORMATION BEGIN?
  - a) in the 3rd week
  - b) about the 6th week
  - c) about the 8th week
- 2. THE JAWBONE PROTRUDES 12 MM FROM THE EDGE OF THE ALVEOLAR PROCESS. MAKE A DIAGNOSIS
  - 1) congenital isolated cleft palate IA degree
  - 2) congenital unilateral cleft lip and palate of the III degree
  - 3) congenital bilateral cleft lip and palate of the III degree
- 3. THE CLEFT COVERS THE UPPER LIP, ALVEOLAR PROCESS AND PALATE, THE WIDTH OF THE GAP IN THE AREA OF FRAGMENTS OF THE ALVEOLAR PROCESS IS 7 MM. MAKE A DIAGNOSIS
  - a) congenital unilateral cleft lip and palate of the III degree
  - b) congenital bilateral cleft lip and palate, grade II
  - c) congenital unilateral cleft lip and palate of the I degree
- 4. THE CHILD AFTER URANOPLASTY STILL HAS RHINOLALIA. OFTEN HAD OTITIS. CURRENTLY, WHICH SPECIALIST SHOULD TREAT THE CHILD
  - a) at the surgeon's office
  - b) a speech therapist

- c) an otorhinolaryngologist
- 5. AT WHAT AGE IS DISPENSARY OBSERVATION OF A CHILD WITH UNI-LATERAL CLEFT LIP, PALATE AND ALVEOLAR PROCESS PERFORMED?
  - a) 0-7 years old
  - b) 1-14 years old
  - c) 0-14 years old
  - d) 1-12 years old
  - e) 1-3 years old

#### Part IX. Prevention of dental anomalies. (PC-2, PC-9)

- 1. FOR ELIMINATION A BAD HABIT USED
  - a) the Andreasen Activator
  - b) the Reichenbach-Bruckle plate
  - c) Persin's appliance for the treatment of distal occlusion
  - d) the vestibular plate
- 2. IF THE PATIENT HAVE A HABIT OF PUTTING TONGUE BETWEEN TEETH, THE FOLLOWING ARE INDICATED
  - a) medical and preventive measures
  - b) surgical treatment
  - c) observation
  - d) preventive measures
- 3. IF PATIENT HAVE A FINGER-SUCKING HABIT, THE FOLLOWING ARE IN-DICATED
  - a) therapeutic measures
  - b) surgical treatment
  - c) observation
  - d) preventive measures
- 4. HINZ'S VESTIBULAR PLATE ALLOWS TO
  - a) eliminate bad habits
  - b) move the lateral teeth distally

- c) change the slope of the molars
- d) prevent mesial displacement of molars

#### 5. PATIENT CAN ELIMINATE BAD HABITS BY USING

- a) plates with protragiruyushchy springs
- b) Bruckle's appliance
- c) Hinz's vestibular plate
- d) Frankel Function Regulator

#### Part X. Features of dentofacial prosthetics

in children and adolescents (PC-2, PC-6)

- 1. THE MOST COMMON CAUSE OF TOOTH LOSS IN CHILDHOOD IS
  - a) injury
  - b) tooth decay
  - c) periodontal diseases
  - d) primary adentia

#### 2. THE FOUNDER OF THE SECTION OF ORTHOPEDIC DENTISTRY-CHIL-DREN'S PROSTHETICS IN RUSSIA IS

- a) L. V. Iliina-Markosyan
- b) D. A. Kalvelis
- c) T. F. Vinogradova
- d) L. S. Persin

#### 3. THE MAIN TASK OF PROSTHETICS IN CHILDHOOD IS

- a) prevention of masticatory function disorders
- b) prevention of the formation of dentoalveolar disease
- c) prevention of caries
- d) prevention of periodontal diseases

#### 4. REMOVABLE CHILDREN'S DENTURES ARE USED FOR

- a) bite correction
- b) stimulating the growth of toothless areas of the jaws
- c) treatment of diastema
- d) do not apply

### 5. A SPECIAL FEATURE OF THE DESIGN OF REMOVABLE CHILDREN'S PROSTHESES IS

- a) mandatory presence of a clasp
- b) placement of artificial teeth in the frontal part on the adjustment
- c) large basis
- d) the presence of a vestibular arch

### Part XI. Morphological and functional restructuring of the dental system under the influence of orthodontic appliances (PC-6, PC-9)

- 1. THE OPTIMAL VALUE OF THE ORTHODONTIC FORCE DURING THE OBLIQUE-TRANSLATIONAL MOVEMENT OF THE TOOTH SHOULD BE:
  - a)  $3-5 \text{ g} / \text{cm}^2$
  - b) 10-12 g / cm<sup>2</sup>
  - c) 15-20 g / cm<sup>2</sup>
  - g) 30-40 g / cm<sup>2</sup>
  - e) 60-70 g / cm<sup>2</sup>
- 2. OPTIMAL VALUE OF ORTHODONTIC FORCE FOR BODY MOVEMENT OF THE TOOTH
  - a) 3-5 g / cm<sup>2</sup>
  - b)  $10-12 \text{ g} / \text{cm}^2$
  - c) 15-20 g /  $cm^2$
  - d)  $40-50 \text{ g} / \text{cm}^2$
  - e) 60-70 g / cm<sup>2</sup>
- 3. SCHWARTZ SYSTEMATIZED ORTHODONTIC FORCES ACCORDING TO THE FOLLOWING PRINCIPLE
  - a) by time of exposure
  - b) at the place of exposure
  - c) by power source
  - d) by type
  - e) by the amount of exposure
- 4. THE CRITERION FOR CHOOSING THE STRENGTH OF THE ORTHODON-TIC DEVICE IS

- a) the stage of root formation of the displaced teeth
- b) type of anomaly
- c) the value of intracapillary pressure
- d) the stage of bite formation
- e) the severity of the anomaly

# 5. WITH PROLONGED USE OF THE DEVICE WITH A FORCE OF 50–70G/cm<sup>2</sup>, MORPHOLOGICAL CHANGES MAY OCCUR IN PERIODONTAL TISSUES IN THE FORM OF

- a) there will be no changes
- b) fully reversible occurrence in the zones of resorption and opposition
- c) residual morphological occurrence in the resorption zone in the form of lacunae
- d) fusion of root cement with the alveolar wall
- e) dislocation of the tooth

#### Part XII. Orthodontic laboratory equipment (PC-6)

- 1. THE MAIN ELEMENTS OF THE PERSIN APPLIANCE FOR THE TREAT-MENT OF DISTAL OCCLUSION ARE
  - a) base plate, inclined plane
  - b) basal plate, bite block, vestibular arch
  - c) basal plate, vestibular arch, labial bumper for the upper lip
  - d) basal plate, lingual arch, labial bumper for the lower lip

### 2. ORTHODONTIC APPLIANCES THAT ALLOW OPENING THE MEDIAN PALATINE SUTURE BELONG

- a) to the functional and operational ones
- b) to functional guides
- c) to appliances of combined action
- d) to mechanically active
- e) to retention services

### 3. A MECHANICALLY OPERATING DEVICE IS CHARACTERIZED BY THE PRESENCE OF

- a) bite block
- b) the screw
- c) an inclined plane
- d) occlusal plane

#### 4. THE BRUCKLE APPLIANCE CAN BE USED TO TREAT THE

- a) mesial occlusion
- b) distal occlusion
- c) cross-occlusion
- d) open-bite
- e) over-bite

### 5. IN THE PERSIN APPLIANCE FOR THE TREATMENT OF DISTAL OCCLUSION, LABIAL BUMPERS ARE LOCATED IN THE AREA OF

- a) upper lip
- b) lower lip
- c) upper and lower lip
- d) do not have

#### Part XIII. Retention of results of treatment of maxillofacial anomalies.

Relapse of maxillofacial anomalies (PC-1, PC-2, PC-6, PC-9)

#### 1. RETENTION IN ORTHODONTICS IS

- a) stabilization of the obtained results of orthodontic treatment with the help of removable and non-removable appliances
- b) prevention of recurrent dentoalveolar disease
- c) orthodontic appliance for preserving the achieved results of treatment
- d) repeated treatment on orthodontic appliances

#### 2. RETENTION APPLIANCES CAN BE USED

- a) to prevent bad habits
- b) consolidation of the achieved treatment results
- c) prevention of the development of dental anomalies

d) to consolidate the results of orthodontic treatment and prevent relapses

#### 3. WHAT PURPOSES ARE RETENTION APPLIANCES USED?

- a) to consolidate the achieved results of treatment
- b) to prevent the development of dental anomalies
- c) to prevent the development of relapses

#### 4. RELAPSE OF A DENTAL ANOMALY IS DEFINED AS:

- a) change in the position of the teeth after completion of orthodontic treatment
- b) functional impairment
- c) deterioration of facial aesthetics

#### 5. THE OCCURRENCE OF RELAPSES IS A CONSEQUENCE OF

- a) continued growth of the jaws
- b) effects of elastic gingival fibers
- c) untreated pathology of the maxillary system
- d) everything is correct

#### SITUATIONAL TASKS

#### Part I. Organization of orthodontic care (PC-1, PC-2)

TASK №1. In city N, the child population is 240 thousand people.

Calculate the required number of orthodontists to provide orthodontic care in a city N.

TASK №2. During the routine examination at school, dental anomalies were diagnosed in 360 children. The school has a total of 425 students.

What is the prevalence of dental anomalies among students of this educational institution?

TASK №3. The preventive examination of the 8-year-old child revealed a disruption of nasal breathing, narrowing of the upper jaw, crowding of the frontal teeth of the upper jaw.

Which dispensary group does this patient belong to?

TASK №4. The 4.5-year-old child was found to have a bad habit during a routine checkup: finger sucking. In the oral cavity, protrusion of the incisors of the upper jaw, retrusion of the incisors of the lower jaw.

Which dispensary group does this patient belong to?

TASK № 5. The dental department of the polyclinic has 2 orthodontists, 20 pediatric therapeutic dentists, 3 pediatric surgical dentists.

Calculate the required number of secondary and junior medical personnel for the staff of polyclinic doctors (according to Order No. 910N of 13.11.2012)

### Part II. Anatomical and morphological features of the maxillofacial region in different age periods (PC-2, PC-6)

TASK № 1. The mother and a 5-year-old child came to the clinic with complaints about the gaps between the central incisors. Make a diagnosis. Is this situation the normal?

TASK № 2. The 4-year-old patient complained about a cosmetic defect. On external examination: the face has no visible changes. From the side of the oral cavity: on the upper jaw there is a tight contact between the teeth in the dentition. On the lower jaw, there are gaps and diastema between the teeth. The protuberances of 53 and 63

teeth are pronounced. The ratio of dentition in the frontal area according to the type of edge-to-edge bite. The ratio of teeth in the lateral areas is neutral. What medical and preventive measures does the child need?

TASK № 3. The mother and her 2-year-old daughter came to the clinic. During the examination, the dental formula is compiled:

54535251|61626364 84838281|71727374

Does the dental formula match the age of 2 years?

TASK № 4. When examined in the maternity hospital, the child was found to have retrogenia. Is this diagnosis a pathology?

TASK № 5. The 20-year-old man came to the clinic. On examination, a diagnosis of deep bite was made, the depth of incisor overlap is 2/3 of the height of the crown.

What depth of incisor overlap should be normal?

#### Part III. Etiology and pathogenesis of dentofacial anomalies (PC-6, PC-7)

TASK № 1. Examination of the 7-year-old child revealed disfunction of nasal breathing, "infantile" type of swallowing.

What changes in the dentoalveolar system will these disfunctions lead to?

TASK № 2. The 11-year-old patient complains of a cosmetic defect on the upper dentition. On examination the oral cavity, the gap 5.0 mm between 11 and 21 teeth is determined. The frenulum of the upper lip is low and starts from the gingival papilla. Dentition has normal shape. 16, 26 teeth are positioned neutrally.

Write the possible cause of the anomaly of 11, 21 teeth.

TASK № 3. The 4-year-old child, an external examination shows a protrusion of the chin. The tongue is located between the lips and protrudes from the mouth. Nasolabial creases are smoothed out. On examination the oral cavity, there are diastemas and gaps between the teeth of the upper and lower jaw. The front teeth of the upper and lower jaw are protrused, and on the lower jaw it is much more significant than on the upper jaw. There are tooth marks on the lateral sides of the tongue. Attempts to remove the tongue towards the mouth were unsuccessful.

Write the preliminary diagnosis?

TASK № 4. The child is 4 years old. Complaints about the inability to bite off and difficult chewing of food, an aesthetic defect. External examination shows an increase in the lower third of the face. Nasolabial and chin creases are smoothed out. His mouth is half open. When closing the lips, the tension of the muscles of the mouth area is determined. From the anamnesis, it was revealed that a child under 2 years of age sucked a pacifier, and now has the habit of sucking a finger. From the oral cavity: mucosa without visible changes. On the upper jaw, protrusion of teeth is noted in the frontal area, narrowing in the lateral parts, the palate is deep. The lower jaw is unchanged. In occlusion, there is a separation of the bite in the area of the front teeth.

Make a diagnosis.

TASK № 5. The 10-year-old child is referred to an orthodontist after removal central upper incisors due to trauma.

What are the possible consequences of an injury?

### Part IV. Modern methods of diagnostics of morphological and functional disorders of the maxillofacial region (PC-6, PC-7)

TASK № 1. The child of 6 years old has a history of frequent colds, eats slowly, (lazy chewing) prefers soft food, washing it down with water. When examining the oral cavity, the dental formula:

d d 55 54 53 52 51 61 62 63 64 65 85 84 83 82 81 71 72 73 74 75, non-erased cusps 53, 63, 73, 83.

What functional disorders have been identified, and what the methods to eliminate them?

TASK № 2. Parents of the 5-year-old child applied to the children dental clinic with complaints about the lack of teeth, poor chewing of food. From the medical history, it was established that 75, 85 teeth were removed at the age of 4 years. On external examination: the face is symmetrical, the chin crease is pronounced, the lower part of the face is reduced. Oral breathing, impaired swallowing. Deep incisor disocclusion. Dentoalveolar elongation in the V I V region.

Write the etiological factors of the existing pathology, functional disorders and methods of their elimination.

TASK № 3. The 12-year-old child went to the orthodontic office of the children dental clinic for an "incorrect" bite, difficulty biting of food, bleeding gums when eating and brushing teeth.

External examination: the face is symmetrical, the upper lip sinks, the chin protrudes forward, the oral slit is wider than usual, the lower part of the face is shortened, nasolabial creases are pronounced.

Examination of the oral cavity. The dental formula is age-appropriate. The frontal part of the upper dentition is flattened. The lower front teeth are located in front of the upper ones with a deep overlap. The ratio of permanent molars according to class I. The frenulum of the tongue and lips in norma. The gums in the area of 2.1, 1.2 teeth are swollen, hyperemic.

Write the preliminary diagnosis indicating functional disorders.

TASK № 4. The 9-year-old patient. Complaints (according to the mother) about refusal of solid food, difficult biting, indistinct pronunciation of sounds, constantly open mouth, often suffers from respiratory diseases. Examination revealed: enlargement of the lower part of the face, smoothness of the chin and nasolabial creases, half-open mouth, angle of the jaw is 130 degrees, the oral mucosa is pale pink, moist. Protrusion of the upper incisors. Steep narrowing of the upper dentition, its shape is saddle-shaped, high and narrow palatine arch. Trapezoid shape of the lower dentition. When closing the dentitions in the central occlusion, a vertical gap between the front teeth of 3 mm is determined. Its length is from 83 to 73.

Write the preliminary diagnosis indicating possible functional disorders. What diagnostic methods should use?

TASK № 5. The 12-year-old patient. Complaints about the incorrect position of the 1.3 tooth. On examination of the oral cavity, it was found that 1.3 had vestibular position and above the occlusal plane. There is no place in the dentition for it. Occlusion of the first molars is Class II according to Engle. The ratio of the lateral teeth on the left is correct.

What research methods need to be carried out additionally in order to make a diagnosis?

#### Part V. Use of computers in orthodontics (PC-6, PC-7)

TASK № 1. The 14-year-old patient complained of an aesthetic defect, difficulty biting and chewing food. External examination shows an increase in the volume of the lower third of the face. The lower jaw is located mesially relative to the upper jaw. The body of the lower jaw is within the normal range. The angle of the lower jaw is 140 degrees. The lower lip is in front of the upper lip. When patient close the mouth, the tension of the muscles of the mouth area is determined. From the side of the oral cavity: the upper jaw is within the normal range; the lower jaw shows the presence of gaps and diastemas. Dentogingival papillae in the area of 3.1, 3.2, 4.2, 4.1 teeth are hyperemic and edematous. With the ratio of dentitions, the anterior buccal cusps 1.6, 2.6 are located between 3.7, 3.6, 4.6, 4.7 teeth. Sagittal gap between incisors is 8.0 mm.

Perform additional and roentgenological examinations.

TASK № 2. The patient is 11 years old. Complaints about a cosmetic defect.

On external examination, there is a slight shortening of the lower third of the face. From the side of the oral cavity: on the upper jaw 1.1, 2.1 are located in palatal direction, on the lower jaw there is crowding in the area of 3.1, 4.1 teeth.

With the ratio of dentition, the frontal group of teeth of the upper jaw overlaps the teeth of the lower jaw by 2/3. 1.6, 2.6 teeth are closed according to Class II.

What additional roentgenological examination methods should be used to clarify the diagnosis?

TASK № 3. The patient is 13 years old that had aesthetic defect, difficulty biting and chewing food. During the examination, a diagnosis was made: "distal bite, combined with over-bite".

What additional roentgenological methods should be used to select the treatment method?

TASK № 4. The girl came to the clinic with complaints about the crowded position of the teeth in the frontal part, the presence of gaps.

What roentgenological diagnostic methods should be used?

TASK № 5. The mother and the 15-year-old child came to see an orthodontist. On examination: protrusion of the upper incisors, distal position of the lower jaw.

What class does this pathology belong to according to Angle?

What roentgenological diagnostic methods should be used?

Part VI. Modern methods of treatment of dental anomalies (PC-5, PC-6)

TASK № 1. Patient O., 12 years old. Complaints about the incorrect position of the canine on the upper jaw on the left side.

Objectively: in the oral cavity: the dental formula corresponds to the age, the upper frontal teeth overlap the lower ones by 1/3, the central line coincides, the ratio of the first permanent molars according to Angle is Class I, tooth 1.3 is located vestibullar, above the occlusal plane.

What additional research methods should be used?

Write the preliminary diagnosis. Specify the stages of orthodontic treatment.

TASK № 2. Patient K., 14 years old. Diagnosis: teeth 1.2,2.2 with palatal position, crowding of the front teeth of the lower jaw. It is planned to conduct orthodontic treatment with a fixed orthodontic technique (brace system).

Write the sequence of steps and the procedure for fixing braces.

TASK № 3. Patient S., 11 years old. Diagnosis: mesial occlusion.

Patient is undergoing orthodontic treatment with a fixed orthodontic technique (brace system). It is planned to use a face mask in addition to braces.

Write the types of face masks and how to apply them.

TASK № 4. Patient N., 16 years old. It is planned to conduct orthodontic treatment with a fixed orthodontic technique (braces system) with fixing orthodontic ring on teeth 16.26.

Write the sequence and methodology of this stage.

TASK № 5. Patient L., 14 years old. Diagnosis: teeth 1.1, 1.2 was have rotation, crowding of the front teeth of the lower jaw, tooth 3.3 with vestibular position.

He is undergoing orthodontic treatment with a fixed orthodontic technique (braces system). Orthodontic rings and braces were fixed. He came to put the first orthodontic arch.

Write the stages of orthodontic treatment with the type of orthodontic arches used on each of them.

#### Part VII. Dental anomalies and deformations (PC-7, PC-9)

TASK № 1. The 14-year-old child was came on dental clinic with complaints of aesthetic dissatisfaction. In the oral cavity: molar ratio according to Angle Class II.

There is a sagittal gap of 9 mm. Frontal group of teeth – with the presence of diastema, gaps.

Write the diagnosis.

TASK № 2. The parents of the 12-year-old child came to the clinic for a preventive examination. In the oral cavity: The ratio of molars according to Angle Class III. There is a reverse horizontal overjet (3 mm). Crowding of mandibular teeth, 3.3, 4.3 teeth displaced in vestibular direction, 100% space deficit.

Write the diagnosis.

TASK No 3. The parents of the 11-year-old child came to the clinic for a preventive examination. In the oral cavity: molar ratio according to Angle Class I, reverse incisor overlap, teeth 1.3, 2.3 in the eruption stage and had vestibular position. Diastema, gaps of the front teeth of the lower jaw. In the anamnesis – bad habit of biting the upper lip.

Write the diagnosis.

TASK Nº 4. The parents of the 10-year-old child came to the clinic for a preventive examination. The lower third of the face is enlarged, the lips close with difficulty. In the oral cavity: buccal cusps of molars are located in the longitudinal fissures of the corresponding teeth of the lower jaw, protrusion of the central incisors of the upper jaw, displacement of 1.2, 2.2 teeth palatine, deficit of space for 1.3, 2.3 teeth -100 %. In the anamnesis-adenoids of the III degree, bad habit of biting the lower lip.

Write the diagnosis.

TASK № 5. The clinic was contacted by the parents of the 8-year-old child with complaints about the delay in the eruption of permanent teeth.

In the oral cavity:

	C	C	C	C	C	C	C	C	C	C	
16	55	54	53	52	51	61	62	63	64	65	26
46	85	84	83	42	41	31	32	73	74	75	36
	C	C	C					C	C	C	

There are no physiological gaps and diastemas, no mobility of 5.2, 5.1, 6.1, 6.2 teeth. Soft white plaque covers up to 2/3 of the crowns.

Parents complain about their child's refusal of solid food, demands to pass all food through a blender, and unwillingness to brush his teeth.

Write the diagnosis.

## Part VIII. Features of rendering services of orthodontic care for congenital malformations of the face and jaws (PC-1, PC-2, PC-5, PC-6)

TASK № 1. The 2-year-old child, diagnosed with congenital cleft soft palate. Determine the anatomical boundaries of the cleft.

TASK № 2. The 3-year-old child, diagnosed with congenital complete cleft soft and hard palate. Write the main anatomical disorders associated with cleft palate.

TASK № 3. The 2-year-old child, diagnosis: congenital complete left-sided cleft of the alveolar process, soft and hard palate. Write the main functional disorders in this case.

TASK № 4. The child, 1 year 6 months, diagnosis: congenital median complete cleft of the soft and hard palate without any treatment before. Write the plan for child's examination and treatment.

TASK № 5. The 4-month-old child, diagnosed with congenital latent left-sided cleft upper lip. Give the anatomical description of this pathology.

### Part IX. Prevention of dental anomalies (PC-5, PC-6)

TASK № 1. Parents with the 4-year-old child came to the dentist. The configuration of the face is not disturbed, regional lymph nodes are not palpable. From the medical history, it is established that the teeth on the lower jaw were removed six months ago due to complicated caries. Write the diagnosis.

What functions of the maxillary system are impaired?

Write the treatment and prevention plan.

TASK № 2. Mother with the 7-year-old child turned to an orthodontist with complaints about incorrectly erupted front teeth in the lower jaw. The configuration of the face is not disturbed, regional lymph nodes are not palpable.

Write the diagnosis.

Write the treatment and prevention plan.

TASK № 3. Parents of the 8-year-old child complained of a dense swelling in the lower jaw area on the left side. When examining the child, a violation of the configuration of the face is determined due to deformation of the lower jaw on the left.

Skin of physiological color, submandibular lymph nodes are enlarged on the left, painful on palpation. Opening the mouth is not difficult. Temporomandibular joint without pathological changes. The oral mucosa is pale pink, moist and shiny. The upper and lower lip frenulums are not shortened. Mouths of the excretory ducts of the salivary glands without pathological changes. Protrusion of the upper incisors with the formation of gaps between them was established. When talking to the child, you can see that the tip of the tongue fits between the upper and lower incisors. The Green - Vermillion oral hygiene index is 2.5 points.

Write the diagnosis.

Justify your choice of treatment methods.

Write the treatment and prevention plan.

TASK № 4. The 12-year-old girl complains of an unusual appearance of gums on the upper and lower jaws, and bleeding. According to her parents, she had rachitis in early childhood. Currently healthy.

Objectively: in terms of physical and intellectual development, the girl corresponds to her age. Face configuration changed by enlarging the lower third of the face. The lips don't close. The skin is clean. Submandibular lymph nodes are not palpable. Mouths of the excretory ducts of the salivary glands without pathological changes. Low attachment of the frenulum of the upper lip is determined. The frenulum of the lower lip and tongue is not shortened. The gingival papillae in the area of the frontal teeth on the upper and lower jaws are cyanotic, enlarged in volume, their shape is changed, they float on the teeth, there are false gingival pockets with a depth of 2 to 4 mm, significant bleeding of the gums is noted when the Schiller-Pisarev test is positive. There is no tooth mobility. In the frontal part there is a vertical slit measuring 4 mm, an infantile type of swallowing.

Write and justify the diagnosis.

Write the treatment and prevention plan.

TASK № 5. Parents with the 5-year-old child went to the dentist with complaints of malocclusion, impaired pronunciation of hissing sounds. During pregnancy, mother had an exacerbation of the cardiovascular system. The child was born on time, from 6 months on artificial feeding. Also, he had otitis media, acute respiratory viral infections, and tonsillitis. Bad habits-sucking the upper lip and toys.

Objectively: the upper lip sinks in relation to the lower lip, the red border of the lower lip is wide, the chin protrudes forward. In the corners of the mouth, the skin is hyperemic, swollen, and there are deep cracks on the red border, covered with a whitish coating. Submandibular lymph nodes are enlarged, mobile, painful on palpation. The function of the temporomandibular joint is not impaired. Examination of the oral cavity revealed an inverse incisor overlap (1 mm) in the frontal part, the ratio of the first permanent molars according to Angle Class III. Enlarged pharyngeal tonsils. The child can move the lower jaw back, set the front teeth in the marginal closure.

Write and justify the diagnosis.

What additional survey methods should be used?

Write and justify a treatment plan.

## Part X. Features of dentofacial prosthetics in children and adolescents (PC-5, PC-6)

TASK № 1. The 11-year-old girl complained about the ugly shape of her upper teeth. Objectively, 1.2, 2.2 teeth are awl-shaped. CPD=2. GI=0.5.

Write the diagnosis.

What kind of deformity can be assumed in this clinical situation?

Determine the indications for prosthetics.

Choose the suggested prosthesis design.

Give recommendations for oral care when using orthopedic structures.

TASK № 2. The 7-year-old child, as a result of an injury, the crowns of the central upper incisors were fractured at the level of enamel and dentin, the tooth pulp was not opened, the reaction to cold is painful for a short time, percussion is painless.

Write the diagnosis.

What kind of deformity can be assumed in this clinical situation?

Determine the indications for prosthetics.

Choose the suggested prosthesis design.

Give recommendations for oral care when using orthopedic structures.

TASK № 3. The 13-year-old patient complained about the loss of a filling from the lower chewing tooth. Objectively: 3.6 teeth were depulped. on the radiograph, there

are no pathological changes in the periapical tissues, index of destruction of the occlusal surface of the tooth =0.5.

Write the diagnosis.

What kind of deformity can be assumed in this clinical situation?

Determine the indications for prosthetics.

Choose the suggested prosthesis design.

Give recommendations for oral care when using orthopedic structures.

TASK № 4. The 12-year-old female patient complained of discoloration and visible fillings of 1.1,1.2 teeth. 2 years ago, 1.1,1.2 teeth were injured, the crown was broken off with the opening of the dental pulp, endodontic treatment was performed, composite fillings were installed.

Write the diagnosis.

What kind of deformity can be assumed in this clinical situation?

Determine the indications for prosthetics.

Choose the suggested prosthesis design.

Give recommendations for oral care when using orthopedic structures.

TASK № 5. The 4-year-old patient: crown destruction of 5.1, 6.1 teeth as a result of carious process. Therapeutic treatment was carried out, massive fillings fall out every 2 months.

Write the diagnosis.

What kind of deformity can be assumed in this clinical situation?

Determine the indications for prosthetics.

Choose the suggested prosthesis design.

Give recommendations for oral care when using orthopedic structures.

## Part XI. Morphological and functional restructuring of the dental system under the influence of orthodontic appliances (PC-5, PC-6)

TASK № 1. Patient O., 12 years old. Complaints about the incorrect position of the canine on the upper jaw on the left. Objectively: in the oral cavity: the dental formula corresponds to the age, the upper frontal teeth overlap the lower ones by 1/3, the

central line coincides, the ratio of the first permanent molars according to Angle class I, tooth 1.3 is located vestibullar, above the occlusal plane.

What additional research methods should be used?

Write the preliminary diagnosis.

Specify the stages of orthodontic treatment.

TASK № 2. Patient K., 14 years old. Diagnosis: teeth 1.2,2.2-palatal position, crowding of the front teeth of the lower jaw. It is planned to conduct orthodontic treatment with a fixed orthodontic technique (braces system).

Write the sequence of steps and the procedure for fixing braces.

TASK № 3. Patient S., 11 years old. Diagnosis: mesial occlusion.

He was undergoing orthodontic treatment with the fixed orthodontic technique (bracest system). It is planned to use a face mask in addition to braces.

Specify the types of face masks and how to apply them.

TASK № 4. Patient N., 16 years old. It is planned to start orthodontic treatment with the fixed orthodontic technique (braces system). It is intended for fixing the orthodontic ring on teeth 1.6, 2.6.

Write the sequence and methodology of this stage.

TASK № 5. Patient L., 14 years old. Diagnosis: teeth 1.1, 1.2 are rotated, crowding of the front teeth of the lower jaw, tooth 3.3-vestibular position.

He was undergoing orthodontic treatment with the fixed orthodontic technique (braces system). Orthodontic rings and braces were fixed. He came to put the first orthodontic arch.

Write the stages of orthodontic treatment with the type of orthodontic arches used on each of them.

## Part XII. Orthodontic laboratory equipment (PC-5, PC-6)

TASK № 1. The child is 9 years old. There is a diastema on the upper jaw with a distal slope of the upper incisors. The distance between the incisors at the level of the cutting surfaces is 5 mm.

Write the device to treat this anomaly and activation mode?

TASK  $N_2$  2. The child is 11 years old. Palatine position of the left upper first incisor, there is the place in the dentition for it, overlap of teeth in the frontal part by 1/3 of the crown size.

Write the device to treat this anomaly and activation mode?

TASK № 3. The child is 8 years old. There is a flattening of the anterior part of the upper dental arch, the reverse overlap in the area of the frontal teeth: the lower incisors overlap the upper ones by 1 mm.

Suggest a device for treating this anomaly and specify its activation mode.

TASK № 4. The child is 7 years old. Diagnosis: distal occlusion, over-bite, fan-shaped arrangement of the upper front teeth.

What design of Frenkle device can be used to treat this child?

TASK № 5. The 12-year-old child applied to the children's dental clinic for incorrect position of the canine on the right side of the upper jaw. On examination of the oral cavity, it was found that the 1.3 tooth is located vestibularly and above the occlusal plane. There is no place for him in the dentition. Closure of the first molars on the right according to Angle class II. The ratio of the lateral teeth on the left is correct.

What additional diagnostic methods should use?

Suggest treatment options.

## Part XIII. Retention of the results of treatment of maxillofacial anomalies. Relapse of maxillofacial anomalies (PC-1, PC-2, PC-6, PC-9)

TASK № 1. The 25-year-old patient came to see an orthodontist. Previously, he underwent orthodontic treatment on a braces system. A month ago, he noticed that the lateral incisor moved inwards. On examination, it was revealed that the retainer had come loose from the incisor. Could this have led to a relapse?

TASK № 2. The patient was treated on a fixed orthodontic technique for 2 years.

What retention appliances are available for fixing the treatment?

TASK  $N_2$  3. The patient was treated by an orthodontist using a fixed orthodontic technique.

Do you need to use retention appliances after completing treatment?

Write the classification of retention appliances.

TASK № 4. On examination by an orthodontist, the patient was found to have a relapse of the disease-rotation of the tooth 2.3. On examination, it was found that the canine blocks the movement of the lower jaw.

What could have led to the relapse?

TASK № 5. The patient was treated with a fixed orthodontic technique.

Do you need to use retention appliances after completing treatment with a braces system?

What the appliances for fixing treatment do you know?

# CORRECT RESPONSES TO TEST TASKS AND SITUATIONAL TASKS

#### **Test tasks**

Part	Question								
	1	2	3	4	5				
I	e	d	c	а	e				
II	а	a	a	b	b				
III	а	c	a	d	d				
IV	а	b	b	b	c				
V	b	b	b	d	b				
VI	а	c	c	c	b				
VII	b	b	c	b	a				
VIII	b	c	а	c	c				
IX	d	а	d	а	c				
X	b	a	b	b	b				
XI	c	d	e	c	c				
XII	d	d	b	а	b				
XIII	а	d	а	а	d				

#### Situational tasks

#### Part I.

TASK No. 1. According to Order No. 910 of 13.11.2012, the staff standards are set at the rate of 1 orthodontist for 10 dentists of children's therapists. 192 pediatric dentists and 19 orthodontists are needed for 240 thousand children's population.

TASK № 2. The prevalence of dentoalveolar anomalies is 84.7 %.

TASK № 3. Group II b (IV). Elimination of etiological factors, respiratory and corrective gymnastics, special gymnastics, hardware orthodontic treatment.

TASK № 4. I (II) dispensary group. Elimination of bad habits.

TASK № 5. 20 nurses; 1 nurse for two orthodontists, 3 nurses for 3 dental surgeons, 7 nurses for 20 children's dentists.

#### Part II.

- TASK №1. Diastema. In this age period, the appearance of diastema is the norm, as preparation for the change of teeth takes place.
  - TASK №2. Grinding cusps of temporary canines, myogymnastics.
  - TASK №3. Respond.
  - TASK №4. By the time of birth, children develop physiological retrogenia.
  - TASK №5. Normally, the incisor overlap depth is 1/3 of the crown height.

#### Part III.

- TASK № 1. Dysfunction of breathing and swallowing leads to deformities of the dentoalveolar system in three planes (vertical, sagittal, horizontal).
  - TASK № 2. Shortened and wide frenulum of the upper lip.
  - TASK № 3. Macroglossia, progenia in combination with open bite.
  - TASK № 4. Open bite.
- TASK  $\mathbb{N}_2$  5. Inclination of crowns 1.2, 2.2 medially, dentoalveolar elongation in the area of 3.1, 4.1 on the lower jaw and their protrusion.

#### Part IV.

TASK № 1. The patient was found to have the following functional disorders: dysfunction of breathing, chewing, blocking occlusion.

#### Recommended for:

- consultation and treatment by otolaryngologist;
- increasing the chewing load (eating hard food) and learning how to chew properly;
- grinding unsteady cusps 5.3, 6.3, 7.3, 8.3 with following coating with fluoride-containing preparations.
- TASK № 2. Etiological factor early removal of baby teeth. Functional disorders: impaired chewing of food, respiratory and swallowing functions.

#### Recommended for:

- consultation and treatment with an otolaryngologist;
- creating a partial removable prosthesis with the placement of missing teeth;
- myogymnastic for normalization of swallowing function.

TASK № 3. Diagnosis: reverse incisor overlap, underdevelopment of the upper jaw, catarrhal gingivitis. The functions of biting, chewing food and speech are impaired.

TASK № 4. Diagnosis: incisive disocclusion, protrusion of the upper incisors, narrowing of the upper and lower dentition. The functions of chewing and biting off food, speech, breathing, and infantile swallowing are impaired.

Needs to be done:

- investigation of the degree of dysfunctions of the dentoalveolar system using additional methods;
- study of control and diagnostic models (the method of Pont, Snagina);
- x-ray methods of research (OPTG, TRG);
- otolaryngologist doctor's consultation.

TASK № 5. To make a diagnosis, the following research methods should be performed:

- examination;
- study of dental plaster model (Pont, Gerlach, Snagina method, place balance calculation);
- OPTG.

#### Part V.

TASK № 1. X-ray examination (OPTG, TRG).

TASK № 2. X-ray examination (OPTG, TRG).

TASK № 3. X-ray examination (OPTG, TRG).

TASK № 4. X-ray examination (OPTG, TRG).

TASK № 5. 2 class 1 subclass. OPTG. TRG.

#### Part VI.

TASK № 1. In this case, to make a final diagnosis and determine the orthodontic treatment plan, the following special diagnostic methods should be performed:

- study of dental plaster model (place balance calculation, Pont and Snagina methods);
- x-ray methods (OPTG).

Orthodontic treatment can be performed using a fixed orthodontic technique (a braces system). Stages of orthodontic treatment:

- leveling of teeth;
- placing the teeth in the correct vertical position;
- creating a place for a tooth 1.3;
- moving the 1.3 tooth into the dentition;
- adjusting the position of the teeth;
- retention of the achieved result.

TASK № 2. The sequence of stages of orthodontic treatment with fixed orthodontic equipment:

- leveling the location of teeth;
- installation of the longitudinal axes of the teeth in the correct vertical position;
- elimination of gaps between teeth by their body movement;
- adjusting the position of the teeth;
- retention of achieved results of orthodontic treatment.

In this case, you can use the direct method of fixing braces:

- thorough cleaning teeth with a brush or elastic band;
- applying a etching gel to the vestibular surface of the teeth (point-by-point in the places where braces are fixed) for 30-60 seconds;
  - washing the etched enamel surface (with a jet of water);
  - drying of the etched enamel surface with a jet of compressed air;
  - applying adhesive to tooth enamel;
  - applying adhesive to the base of the bracket;
- placement (positioning) of the bracket on the tooth surface in the desired position (using reverse tweezers and positioner);
  - removing excess material (with a scaler).
- when using a light-cured adhesive, polymerization with a halogen lamp is required.

TASK № 3. In the treatment of mesial occlusion, in addition to non-removable orthodontic technique, a face mask (Tubinger, Dilard, Petit, individual face mask) can be used.

### Application:

- 1. On the upper jaw, install a steel arch measuring  $0.016 \times 0.022$  inches (or more).
  - 2. Bend the ends of the arch distally.
  - 3. The arch should have hooks located distal to the canines.
  - 4. Put on the face mask.
  - 5. Check the rubber traction hooks at the level of the occlusal plane.
- 6. Stretch the corresponding elastics between the fixing hooks and the hooks of the face mask (force: 3-4H = 300-400 G).

TASK № 5. Pre-separation of teeth is always mandatory with tightly placed teeth. The maximum separation time is 2-5 days (carried out using brass wire or separators).

The sequence of steps for fixing rings:

- 1. Removal of separation wires.
- 2. Selection of rings on the model.
- 3. Fitting of rings in the patient's oral cavity and their correction.
- 4. Preparation of the selected ring for cementing:
- carefully remove the ring from the tooth with ring removal forceps, clean the ring with water, dry it, wash it with 96% alcohol, dry it;
- put the dry ring on a strip of adhesive plaster (the adhesive side of the adhesive plaster faces the ring, and the gingival edge of the ring is directed upwards);
- cover the attachment on the ring with wax or vaseline;
- apply freshly mixed cement to the inner surface of the ring.
- 5. Preparation of the tooth for cementing:
- dry the cleaned tooth, wash the tooth with 96% alcohol, dry the tooth with a jet of air.
- 6. Putting on the rings:
- finally adapt the rings in the oral cavity (using an adapter or a spatula for biting);
- remove the band-aid strip, remove excess cement, and isolate the tooth from saliva (using tin foil).
- φsk the patient to bite the inserted dry cotton roller and leave it to dry for 5-10 minutes.

 remove cotton pads and foil, thoroughly clean the tooth with a scaler from excess cement.

#### Part VII.

TASK № 1. Distal occlusion. Protrusion, diastema, and gaps.

Recommended: X-ray examination-OPTG.

TASK № 2. Mesial occlusion. Crowding of the lower jaw teeth, vestibular position of 3.3, 4.3 teeth.

TASK № 3. Diagnosis: mesial occlusion, vestibular position of teeth 1.3, 2.3, diastema, gaps of the lower jaw teeth.

Recommended: X-ray examination-OPTG.

TASK № 4. Diagnosis: cross occlusion, narrowing of the upper jaw, crowding of the upper jaw teeth.

Recommended: X-ray examination-OPTG.

TASK № 5. Delay in changing permanent teeth.

#### Part VIII.

TASK N 1. Anatomical boundaries: from the uvula to the transition of the hard palate to the soft one.

TASK № 2. Anatomical disorders: expansion of the pharyngeal ring, communication of the oral and nasal cavities.

TASK № 3. Functional disorders: speech, breathing, chewing, swallowing.

TASK № 4. Tasks: adjust nutrition, put on dispensary registration in the Republican Dental Center. Surgical treatment in 4-5 years. Classes with a speech therapist for speech production.

TASK  $\ensuremath{\mathbb{N}}_2$  5. Cosmetic disorders with or without deformity of the nasal wing.

#### Part IX.

TASK № 1. Diagnosis: decompensated form of caries, 74.75-chronic granulating periodontitis, secondary adentia of 84-85 teeth.

In this case, the function of chewing is impaired, since two adjacent teeth on the lower jaw are missing.

Chewing of food is mainly carried out on the left side or "sluggish" chewing (rubbing food with the tongue) prevails.

Recommendations:

- sanitation of the oral cavity;
- rational oral hygiene (using a soft toothbrush, fluoride-or calcium-containing toothpaste;
- preventive prosthetics (referral for consultation to an orthodontist);
- increased chewing activity (hard food intake, two-way active chewing);
- routine check-up 2 times a year.

TASK № 2. Diagnosis: decompensated form of caries, short frenulum of the tongue, infantile swallowing, lingual position 3.2, 4.2.

The intensity of caries was determined by the CPD cp index. In this case, the reasons for the formation of a dentoalveolar anomaly are a short frenulum of the tongue, infantile swallowing (changing the position of the tongue during swallowing and insufficient pressure on the frontal part of the lower jaw).

#### Recommendations:

- plastic frenulum of the tongue, removal of 8.4, 8.5 teeth;
- myogymnastics of the tongue muscles to normalize the swallowing function;
- referral to a speech therapist for consultation (to normalize sound pronunciation);
- 2 times a year finger massage for 3.2, 4.2 teeth for 1 minute 2-3 times a day,
   in the absence of positive dynamics-an instrumental method of treatment to
   move 3.2, 4.2 teeth into the dentition;
- professional examination of the oral cavity 2 times a year.

TASK № 3. Diagnosis: radicular cyst of the lower jaw on the left. Compensated form of dental caries. Protrusion of the frontal teeth of the upper jaw. Infantile type of swallowing.

### Treatment and prevention plan:

- 1. Surgical treatment in a hospital. General anesthesia intubation anesthesia. Cystotomy in the lower jaw area on the left. Remove 7.5, save the 3.5 the rudiment of the tooth.
- 2. After discharge from the hospital, teach the method of brushing teeth under the control of the Fedorov Volodkina hygiene index.
  - 3. Anti-carious toothpastes.
  - 4. Training in the rules of using a toothbrush.

- 5. Recommendations for a healthy diet with a restriction of sweets.
- 6. Sanitation of the oral cavity once a year.
- 7. Covering permanent teeth with fluoride 2 times a year until the age of 14.
- 8. Orthodontist treatment-hardware treatment is recommended (palatine plate with a vestibular arch with a serpentine bend, tongue flap, clamps for 1.6 and 2.6 teeth). Activation of the vestibular arch 1 time per week.
  - 9. Myogymnastics:
  - a set of exercises for the circular muscle of the mouth;
  - a set of exercises to normalize the function of swallowing;
  - a set of exercises to normalize the function of breathing. Each set of exercises
     is performed for 5-7 minutes 3 times a day.

TASK № 4. Based on complaints, objective examination data, and X-ray results, a diagnosis was made: Localized, hypertrophic gingivitis, edematous form. Open bite of 2 degrees of severity. Infantile type of swallowing. Short bridle of the upper lip.

Treatment and prevention plan:

- 1. Training in rational oral hygiene using anti-inflammatory toothpastes and a soft-bristled toothbrush. Control of brushing your teeth using tableted "Dinal" product.
  - 2. Liquid oral hygiene products are recommended.
- 3. The use of anti-inflammatory drugs for applications on the gums or in the form of a therapeutic bandage. Non-steroidal anti-inflammatory drugs and ointments that normalize microcirculation (butadiene, heparin ointment with acetylsalicylic acid) are recommended.
- 4. To reduce gum hypertrophy, medications, surgical methods and physical factors are used (massage, heparin electrophoresis). In a girl during puberty, you should refrain from surgical methods of treatment (gingivectomy), because reactive gum growths decrease or disappear completely after the elimination of the arrhythmia of the hormonal cycle.
  - 5. Hardware treatment of open bite:
  - palatal plate that separates the bite from the tongue flap and vestibular arch (activation 1 time in 3 weeks by layering plastic);
  - use of non-removable equipment-edgewise equipment.

### Myogymnastics:

- for training the circular muscle of the mouth;
- to normalize swallowing. Each set of exercises is performed for 7-10 minutes
   3 times a day.
- 6. Plastic frenulum of the upper lip. Under local anesthesia of 2% novocaine 5.0 solution, the frenulum of the upper lip is plasticized with counter triangular flaps. Remove the stitches after 5-7 days.

TASK № 5. Based on complaints and objective examination data, a diagnosis is formulated: False progenia, underdevelopment of the upper jaw. Decompensated form of caries. 7.5-chronic granulating periodontitis. Mycotic jamming. To confirm the diagnosis of mycotic congestion, it is necessary to conduct a bacteriological study.

#### Treatment:

- 1. Treatment of the red border and corners of the mouth with alkaline solutions (soda solution).
  - 2. Application of antifungal ointments (levortsin, decamine, canesten, etc.).
  - 3. A full-fledged diet with a restriction of carbohydrate foods.
- 4. Sanitation of the oral cavity 3 times a year. Treatment of children with decompensated dental caries:
  - training in oral hygiene rules;
  - appointment of fluoride-containing toothpastes;
  - recommendations for a healthy diet with a restriction of sweets;
  - remineralizing therapy 3 times a year.
  - 5. Orthodontist treatment:
  - elimination of bad habits (sucking on the upper lip, toys);
  - myogymnastics a set of exercises to move the lower jaw back;
  - finger massage of the alveolar process of the lower jaw (5-7 minutes 3 times a day);
  - consultation and treatment with an otolaryngologist.
- 6. It is recommended to remove 7.5 teeth under mandibular anesthesia with lidocaine solution 2 %-4.0. Features of removing baby teeth-there are no stages: syndesmotomy, curettage.

#### Part X.

TASK № 1. Diagnosis: anomaly of the shape of 1.2, 2.2 teeth. There is no deformation. There are aesthetic indications for prosthetics.

Ceramic veneers.

When young people use non-removable orthopedic structures as veneers brushing teeth should be done after each meal. Before cleaning the teeth with a toothbrush, flossing is performed: the interdental spaces are cleaned of abundant plaque and large food residues using waxed flosses impregnated with fluoride compounds. you can recommend the use of mouthwashes that promote loosening of plaque. The next step is brushing: using a preventive brush with a small head and soft bristles, all tooth surfaces are cleaned. For children under 14 years of age, it is recommended to use a small amount of toothpaste containing fluoride compounds to prevent the development of dental caries. At the end of the procedure, the oral cavity is rinsed using fluoride-containing rinses. At least once every six months, it is necessary to conduct professional oral hygiene with mandatory polishing and elimination of defects in orthopedic structures and fillings.

TASK № 2. Diagnosis: broken crown of 1.1, 2.1 teeth at the dentine level without opening the tooth cavity. There is no deformation. - The aesthetics of the smile is disturbed, chewing efficiency is reduced.

Inlay or ceramic veneers.

When using non-removable orthopedic structures such as veneers for young people, the dental cleaning procedure should be performed after each meal. Before cleaning the teeth with a toothbrush, flossing is performed: the interdental spaces are cleaned of abundant plaque and large food residues using waxed floss impregnated with fluoride compounds, it is recommended to use rinses that promote loosening of plaque. The next step is brushing: using a preventive brush with a small head and soft bristles, all tooth surfaces are cleaned. For children under 14 years of age, it is recommended to use a small amount of toothpaste containing fluoride compounds to prevent the development of dental caries. At the end of the procedure, the oral cavity is rinsed using fluoride-containing mouthwash. Professional oral hygiene should be performed at least once every two years, with mandatory polishing and removal of defects in orthopedic structures and fillings.

TASK № 3. Diagnosis: crown defect of the depulpated 3.6 tooth. There is no deformation. There is a decrease in chewing efficiency, violation of occlusal contacts in the 3.6 tooth area.

Inlay

When using orthopedic structures for young people, the procedure of brushing teeth should be carried out after each meal. Before cleaning the teeth with a toothbrush, flossing is performed: the interdental spaces are cleaned of abundant plaque and large food residues using waxed floss impregnated with fluoride compounds, it is recommended to use rinses that promote loosening of plaque. The next step is brushing: using a preventive brush with a small head and soft bristles, all tooth surfaces are cleaned. For children under 14 years of age, it is recommended to use a small amount of toothpaste containing fluoride compounds to prevent the development of dental caries. At the end of the procedure, the oral cavity is rinsed using fluoride-containing rinses. Professional oral hygiene should be performed at least once every six months, with mandatory polishing and removal of defects in orthopedic structures and fillings.

TASK № 4. Diagnosis: discoloritis, defect in the crowns of depulpated 1.1, 1.2 teeth. There is no deformation. There is a decrease in the aesthetic characteristics of the restoration and discoloration of the teeth.

Metal-ceramic crowns.

When using orthopedic structures for young people, the procedure of brushing teeth should be carried out after each meal. Before cleaning the teeth with a toothbrush, flossing is performed: the interdental spaces are cleaned of copious plaque and large food residues using waxed flosses soaked in fluoride compounds, you can recommend the use of rinses that help loosen the dental plaque. The next step is brushing: using a preventive brush with a small head and soft bristles, all tooth surfaces are cleaned. For children under 14 years of age, it is recommended to use a small amount of toothpaste containing fluoride compounds to prevent the development of dental caries. At the end of the procedure, the oral cavity is rinsed using fluoride-containing rinses. At least once every six months, it is necessary to conduct professional oral hygiene with mandatory polishing and elimination of defects in orthopedic structures and fillings.

TASK № 5. Diagnosis: defect of crowns of 5.1, 6.1 teeth. There is no deformation. There is a decrease in chewing efficiency, a decrease in the aesthetics of the smile.

Composite strip crowns.

When using orthopedic structures for young people, the procedure of brushing teeth should be carried out after each meal. Before cleaning the teeth with a toothbrush, flossing is performed: the interdental spaces are cleaned of abundant plaque and large food residues using waxed floss impregnated with fluoride compounds, it is recommended to use rinses that promote loosening of plaque. The next step is brushing: using a preventive brush with a small head and soft bristles, all tooth surfaces are cleaned. For children under 14 years of age, it is recommended to use a small amount of toothpaste containing fluoride compounds to prevent the development of dental caries. At the end of the procedure, the oral cavity is rinsed using fluoride-containing rinses. At least once every six months, it is necessary to conduct professional oral hygiene with mandatory polishing and elimination of defects in orthopedic structures and fillings.

#### Part XI.

TASK № 1. In this case, to make a final diagnosis and determine the orthodontic treatment plan, the following special diagnostic methods should be performed:

- KDM measurement (place balance calculation, Pont and Snagina methods);
- x-ray methods (OPTG). Orthodontic treatment can be performed using a fixed orthodontic technique (a braces system).

Stages of orthodontic treatment:

- leveling of teeth;
- placing the teeth in the correct vertical position;
- creating a place for a tooth 1.3;
- moving the 1.3 tooth into the dentition;
- adjusting the position of the teeth;
- retention of the achieved result.

TASK № 2. The sequence of stages of orthodontic treatment with fixed orthodontic equipment:

- leveling the location of teeth;
- installation of the longitudinal axes of the teeth in the correct vertical position;

- elimination of gaps between teeth by their body movement;
- adjusting the position of the teeth;
- retention of achieved results of orthodontic treatment.

In this case, you can use the direct method of fixing braces:

- thorough cleaning of teeth with a brush or elastic band;
- applying a etching gel to the vestibular surface of the teeth (point-by-point in the places where braces are fixed) for 30-60 seconds;
- washing the etched enamel surface (with a jet of water);
- drying of the etched enamel surface with a jet of compressed air;
- applying adhesive to tooth enamel;
- applying adhesive to the base of the bracket;
- placement (positioning) of the bracket on the tooth surface in the desired position (using reverse tweezers and positioner);
- removing excess material (with a scaler).
- when using a light-cured adhesive, polymerization with a halogen lamp is required.

TASK № 3. In the treatment of mesial occlusion, in addition to non-removable orthodontic technique, a face mask (Tubinger, Dilard, Petit, individual face mask) can be used.

#### Application:

- 1. On the upper jaw, install a steel arch measuring 0.016 x 0.022 inches (or more).
  - 2. Bend the ends of the arch distally.
  - 3. The arch should have hooks located distal to the canines.
  - 4. Put on the face mask.
  - 5. Check the rubber traction hooks at the level of the occlusal plane.
- 6. Stretch the corresponding elastics between the fixing hooks and the hooks of the face mask (force:  $3-4H = 300-400 \text{ g} / \text{cm}^2$ ).

TASK № 4. Preliminary separation of teeth is always mandatory with tightly placed teeth. The maximum separation time is 2-5 days (carried out using brass wire or separators).

The sequence of steps for fixing rings:

- 1. Removal of separation wires.
- 2. Selection of rings on the model.
- 3. Fitting of rings in the patient's oral cavity and their correction.
- 4. Preparation of the selected ring for cementing:
- carefully remove the ring from the tooth with ring removal forceps, clean the ring with water, dry it, wash it with 96 % alcohol, dry it;
- put the dry ring on a band-aid strip (the adhesive side of the band-aid is facing the ring, and the gingival edge of the ring is directed upwards);
- cover the attachment on the ring with wax or vaseline;
- apply freshly mixed cement to the inner surface of the ring;
- 5. Preparation of the tooth for cementing: dry the cleaned tooth, wash the tooth with 96 % alcohol, dry the tooth with a jet of air.
  - 6. Putting on the rings:
  - finally, we adapt the rings in the oral cavity (using an adapter or a spatula for biting);
  - remove the band-aid strip, remove excess cement and isolate the tooth from saliva (using tin foil);
  - ask the patient to bite the inserted dry cotton roller and leave it to dry for 5-10 minutes;
  - remove cotton pads and foil, thoroughly clean the tooth with a scaler from excess cement.

TASK № 5. The sequence of stages of orthodontic treatment with fixed orthodontic equipment:

- leveling the location of teeth ("Resond", "Triplex", "Turbo Wire", "D-Rectt", "Force-9", "Ni-Ti", "CuNi-Ti", round "TMA", round stainless steel of small diameter);
- installation of the longitudinal axes of the teeth in the correct vertical position
   ("Porce-9", "Ni-Ti"," CuNi-Ti", stainless steel);

- elimination of gaps between teeth by their body movement ("TMA", stainless steel);
- alignment of the teeth position ("D-Rect", "Force-9", "Titanium Niobium", stainless steel);
- retention of the achieved results of orthodontic treatment ("Resond", "Triple-flex").

#### Part XII.

TASK № 1. To eliminate diastema on the upper jaw, a removable orthodontic device with hand-shaped pushers located on the distal surfaces of the central incisors and clamps is used. The action of hand-shaped pushers can be enhanced by rubber traction. Activation mode of the device: hand-shaped pushers - 1 time a week, replacement of the elastics every 2 days.

TASK № 2. To move the left upper first incisor from the palatal position to the dentition, a removable orthodontic device with a protrusion spring and clamps is used. Activation mode of the device: protrude 1 time a week.

TASK  $\mathbb{N}$  3. In this case, a removable orthodontic device can be applied to the upper jaw with occlusal overlays (to separate the bite), a sectoral cut in the area of the front teeth of the upper jaw and a screw. This device will eliminate the flattening of the frontal part of the upper jaw, move the front teeth from the palatine position. Screw activation mode 2 times a week for 1/4 turn. To restrain the growth of the lower jaw, it is advisable to use an extra-oral device - a chin sling with a elastics.

TASK № 4. For the treatment of this patient, a type I Frenkle function regulator can be used, the design of which includes: palatal clasp, buccal shields, bumper located in the lower lip, vestibular arch with U-shaped loops (to eliminate protrusion of the frontal teeth of the upper jaw), clasps, lingual arch for sagittal movement of the lower jaw.

TASK № 5. In this case, you should use the following diagnostic methods:

- biometric methods for measuring control and diagnostic models (Pont, Gerlach method, place balance calculation);
- orthopantomography;
- teleroentgenography

The following treatment methods can be used:

- hardware method (removable or non-removable orthodontic appliances for lengthening the lateral part of the upper jaw on the right);
  - surgical method (removal of a permanent tooth).

#### Part XIII.

TASK  $N_2$  1. Yes, it could, since the retainer is used to fix the results, when it comes off the teeth can change their position.

TASK № 2. Retention appliances can be removable (plate appliances for the upper or lower jaw with a plastic base with or without clamps, dental mouthguards made of bioplastics) and non-removable (soldered rings, crowns or rings with soldered tangent beams, in some cases industrially manufactured retainers are used).

TASK № 3. Yes. Retention appliances can be removable (plate appliances for the upper or lower jaw with a plastic base with or without clamps, dental mouthguards made of bioplastics) and non-removable (soldered rings, crowns or rings with soldered tangent beams, in some cases industrially manufactured retainers are used).

PROBLEM № 4. A block in the canine region could lead to a relapse.

TASK № 5. Yes. Retention appliances can be removable (plate appliances for the upper or lower jaw with a plastic base with or without clamps, dental mouthguards made of bioplastics) and non-removable (soldered rings, crowns or rings with soldered tangent beams, in some cases industrially manufactured retainers are used).

#### RECOMMENDED LITERATURE

#### Main literature:

1. Persin, L. S. Orthodontics. Diagnosis and treatment of maxillofacial anomalies and deformities [Electronic resource]: textbook / L. S. Persin. – The electron. text data. Moscow: GE-OTAR-MEDIA, 2016. online. –

Access mode: EBS "Student's Consultant" http://www.studmedlib.ru/ru/book/ISBN9785970438824.html .

- 2. Persin, L. S. Orthodontics. Modern methods of diagnosis of dental anomalies, dentition and occlusion: a textbook. Moscow: GEOTAR–MEDIA, 2016. 160 p.
- 3. Adult orthodontics / Ed. by B. Melsen; translated from English; edited by N.V. Samolova. Moscow: GEOTAR-MEDIA, 2019. 416 p.
- 4. Orthodontics: National guidelines. In 2 volumes, vol. 1. Diagnosis of dental anomalies / Edited by L.S. Persin. Moscow : GEOTAR-MEDIA, 2020. 304 p.
- 5. Orthodontics: National guidelines. In 2 volumes, vol. 2. Treatment of dental anomalies / Edited by L.S. Persin. Moscow : GEOTAR-MEDIA, 2020. 312 p.
- 6. Modern orthodontics / W.R. Proffitt, G.W. Fields, D.M. Sawer; Translated from English Moscow: Publishing house MEDpress-inform, 2019. 712 p.
- 7. Evidence-based orthodontics. Selected articles based on reliable data: a collection of articles. / K.O. Brian; Translated from English by A. Ditmarova. Moscow: Tarcomm Publishing House, 2019. 290 p.

#### Additional literature:

- 1. Oral hygiene in orthodontic treatment [Electronic resource]: textbook. manual / S. V. Chuikin, G. G. Akatieva, S. V. Averyanov. The electron. text data. Ufa, 2011. on-line. Access mode: DATABASE "Electronic Educational Library" https://library.bashgmu.ru/alibdos/alib492.pdf
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- 5. Orthopedic methods in the complex treatment of periodontal diseases [Electronic resource]: textbook / Comp.: F. F. Mannanova [et al.]. Electron. text data. Ufa, 2010. on-line.
- Access mode: Electronic Learning Library database https://librarybash-gmu.ru/libdo\elib345.doc
- 6. Retention of teeth [Electronic resource]: textbook / S. V. Chuikin [et al.]. Electron. text data. Ufa, 2011. on-line. Access mode: DATABASE "Electronic Educational Library" https://library.bashgmu.ru/alibdos/alib497.pdf
- 7. Functional research methods in orthodontics [Electronic resource]: textbook / S. V. Chuikin [et al.]. Electron. text data. Ufa, 2011. on-line. Access mode: DATABASE "Electronic Educational Library"https://library.bashgmu.ru/alibdos/alib500.pdf

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