

THE PROBLEMS AND SOLUTIONS IN LANGUAGE LEARNING AND TEACHING

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Nowadays most people are trying to learn second language for wide range of purposes, because of their interests, studies, job, travelling or just for fun. However, it may be so challenging for some learners to learn and use English, and they may show very little progress over time. Not everyone learns a foreign language rapidly or makes effective progress in this language. It is usual thing that a learner experiences difficulties and problems. Since effective language learning involves a variety of skills, practices and abilities, problems could be based on a number of areas. So in this article, I am going to focus on the observation and analysis of the problems and difficulties in learning processes and try to find out possible solutions for each of them.

One of the most wide spread problems among language learners is persistent use of first-language while learning foreign languages. This problem prevails in most English classes of learners, not only primary students, but also the students who are studying at Higher Education. They usually use their native language when they talk to each other. Students tend to use their first language as a way of communication among their friends. This may be because they want to communicate something important and so they use language in the best way they know, they will almost certainly find speaking in their language a lot easier than struggling with English. In order to cope with this problem, teachers can discuss with students how they should

all feel about using English or their own language during lessons. Teachers should try to get their students' agreement that overusing their own language means having less chance to learn English. Also, teachers can work hard to make students use the target language and ignore what students say in their own language. Furthermore, I think that instructors should speak English for majority of time, so that together with the use of listening materials and videos, the learners are constantly exposed to the target language.

Another problem that almost everyone struggle with it is the lack of self confidence and motivation. "Everyone knows English better than me"- this is one of the most common thoughts each student worries about. There is no doubt that there are some people who indeed know a foreign language better than you do, but the majority of people just pretend to overstate their knowledge. However, it does not imply that they are speaking a foreign language better than you. The only feature they are really keen on is self-confidence and motivation. One of the most efficient way to solve this issue is not to stop trying. Try!Try! Try! Even if the words or new phrases you say in foreign language end with embarrassment, do not stop there. There is always an opportunity to reattempt. Also we have other solutions for this problem that is to celebrate even the smallest wins and achievements. Learners should know that every small step they made in a foreign language is the step for the right direction.

Thinking in another language is also specific difficulty related to learning processes. Most students think in their first language when they start learning new language. They tend to translate words and sentences in their head right away, which of course takes time. However, by doing this, they get more and more confused. Each language speaks for itself, no matter how similar you think your first language is with the language you are learning. Learner's culture can be a barrier to foreign language learning as well. Cultural differences may cause confusion and cultural misunderstandings. Learners may have problems communicating with target native speakers because of cultural differences. To tackle this problem, reading and watching in that language play an essential role. Reading books in foreign language that you are

learning is so important. If language learners read books more in another language, they will see the more direct benefits when it comes to being able to think in second language. By the help of reading and watching different kind documentaries or movies, a learner may start to have adequate knowledge and overlook about that language and achieve cultural background. Then, this will not be a big problem for any language learner.

In addition to the problems and difficulties which are mentioned above, there is one problem that most language learners do not notice. It is the influence of first- language accent on the way of using second language. Besides culture, the first language of a learner may have a strong influence over foreign language learning. Every language has its own accent and the way of pronunciation. The problem related to students' accent is one of the most common issues while learning second language. It is fact that there are many students whose grammar, vocabulary and the way of thinking is brilliant but when it comes to pronouncing words, it is obvious that they have poor pronunciation because of dialects and the accent of their native language. Most uzbek students tend to transfer their uzbek phonetic pattern into English, particularly when the English phonetics does not exist in their first language. It is noticed that uzbek students pronounce “es” in the plural form of words in the wrong way. This is totally driven from the first-language accent and the way of pronouncing words in their native language. There are several tips to get perfect pronunciation and overcome accent and dialectal problems. First and foremost, language learners should listen to songs and watch movies in that foreign language. Also, imitation to native speakers or actors in movies would be an efficient way. Another tip is paying attention to intonation and stress while pronouncing words. Reading poems, speeches and songs aloud, and concentrating on the pronunciation errors helps any language learner to improve their pronunciation and "kill" the native accent.

Learning a foreign language is one of the hardest things a brain can do. Above all, it takes time, hard work, and dedication. Among the problems that I discussed above, not all problems happen as frequent as the others. In short, some problems occur

regularly and some of others once in a while. It all depends on the abilities and intelligence of language learner.

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