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PSYCHOLOGICAL VALUE OF THE NOVELS BY AGATHA CHRISTIE

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Abstract: Books play an important role in the development of society and are also considered important for personal improvement. Every book reader draws some conclusions from the work he likes. In particular, the works of the English writer Agatha Christie, who made an incomparable contribution to the detective works that are loved by readers, should be highlighted. In the process of analyzing her works, it is necessary to take into account several aspects.

Key words: detective novels, psychology, psychological value, literature, character.

Agatha Christie's detective novels hold significant psychological value that transcends the realm of mere entertainment. Through her intricate plots, well-

developed characters, and exploration of human nature, Christie's novels offer insights into various psychological aspects. Here are some key psychological values present in her works:

Cognitive Engagement and Critical Thinking: Cognitive engagement and critical thinking play a central role in Agatha Christie's detective novels. Her intricate plots and complex mysteries invite readers to actively participate in solving the puzzles alongside her detectives. Christie's mysteries are like intricate puzzles waiting to be solved. Readers must carefully examine the clues, red herrings, and details provided in the narrative. Critical thinking is essential for interpreting these clues and discerning their relevance to the overall mystery. Moreover, her novels often involve deductive reasoning, where readers follow a logical thought process to reach conclusions. By piecing together fragments of information, readers draw inferences and formulate hypotheses about the unfolding events. Recognizing patterns is crucial in Christie's novels. Readers must identify recurring motifs, behaviors, and connections among characters and events. Identifying these patterns assists in uncovering hidden motives and predicting possible outcomes. As readers encounter various characters, they engage in psychological profiling. Scrutinizing characters' behavior, words, and relationships allows readers to infer motives and assess their potential involvement in the crime. Christie often presents ambiguous situations where facts are muddled or unreliable. Readers must navigate uncertainty and make decisions based on incomplete information, mirroring the challenges real investigators face.

Suspense and Tension: The skillful use of suspense and tension in Christie's novels elicits emotional responses from readers. As they follow the characters' investigations, readers experience a mix of curiosity, anticipation, and anxiety. The psychological tension mirrors the characters' experiences and keeps readers engaged throughout the narrative.

Character Complexity and Psychological Profiling: Christie's characters often possess intricate personalities with hidden motives and conflicting emotions. Readers are challenged to analyze and interpret these characters, engaging in psychological profiling similar to what real detectives and psychologists do. This exercise in understanding human behavior fosters empathy and insight into diverse psychological perspectives.

Moral and Ethical Dilemmas: Many of Christie's novels explore complex moral and ethical dilemmas. Readers are invited to consider questions of justice, revenge, and the consequences of one's actions. Engaging with these dilemmas encourages readers to reflect on their own values and ethical frameworks.

Reflection on Human Nature: Christie's novels provide a lens through which readers can explore various facets of human nature. Her characters are drawn from diverse backgrounds and exhibit a wide range of behaviors, attitudes, and motivations. This exposure to different personalities and their interactions fosters understanding of human complexity and the interplay of factors that influence behavior.

Exploration of Motives and Emotions: The exploration of characters' motives and emotions in Christie's novels provides insights into the psychology of crime and the intricacies of human motivation. Readers witness jealousy, greed, love, fear, and other emotions that drive characters to commit acts they might not otherwise consider.

Catharsis and Closure: The resolution of the mysteries in Christie's novels often provides a sense of closure and catharsis. Readers experience emotional release as they witness justice being served, secrets revealed, and the puzzle solved. This can be psychologically satisfying and offer a sense of order in a world often filled with uncertainties.

Escape and Relaxation: Reading detective novels can serve as a form of escapism, providing a mental break from daily stresses. Christie's well-constructed plots, intriguing characters, and captivating mysteries offer readers a chance to immerse themselves in an engaging narrative that transports them to a different world.

In summary, Agatha Christie's detective novels offer a rich psychological landscape for readers to explore. From honing analytical skills to reflecting on human nature and ethical choices, her works provide not only entertainment but also valuable opportunities for introspection and personal growth.

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Annotatsiya: Ushbu maqolada bugungi davrda jahonda dunyoni bilishning dastlabki usulini, inson tafakkuri imkoniyatlarini ochib berish shaklini aniqlash,