

## **SINUPRET IN THE COMPLEX THERAPY OF PURPOSE RHINOSINUSITIS IN PREGNANT WOMEN**

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**Relevance:** Patients with diseases of the paranasal sinuses make up, according to various sources, from 15% to 62% of the total number of those who applied to ENT hospitals, ENT offices of polyclinic medical institutions. .Approximately 30% of women experience rhinitis symptoms during pregnancy.

**Material and methods of research:** We observed 60 pregnant women from 12 to 37 weeks with purulent rhinosinusitis. For the diagnosis of purulent rhinosinusitis established on the basis of characteristic complaints, data of rhinoscopy, pharyngoscopy, endoscopic examination of the nose and nasopharynx and ultrasound of the paranasal sinuses. The criteria for the diagnosis of purulent rhinosinusitis were; the duration of the disease is more than 7-10 days; cough, nasal congestion, headache. All women underwent complex treatment of purulent sinusitis. In the main group, along with complex treatment, Sinupret is used in the form of tablets

**Result:** The dose of the drug is 1 tablet 3 times a day. within 10-12 days. Dragee is taken without biting inside with a small amount of liquid. The thick mucous membranes of purulent pregnant women who received Sinupret liquefied, which led to a decrease in nasal congestion after the first two or three days, the general condition improved and the pregnant women began to feel better in relation to the control group. No side effects were observed while taking Sinupret. A positive result was noted from the third day of treatment. Thus, free breathing was registered in 73.6% of the main group. Purulent discharge was absent in 34.6% of the control group and 86.7% in the main.

**Conclusion:** Patients with purulent rhinosinusitis who took Sinupret showed a faster recovery and recovery of working capacity, in contrast to those who received only basic therapy. Sinupret was noted for a faster regression and a decrease in the amount of discharge in the nasal cavity, paranasal sinuses and on the posterior pharyngeal wall.

### **References:**

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