

ENGLISH TEACHING METHODS TO ADULTS
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Actuality: Modern methodology is rich in teaching methods and principles. Each of them has its own advantages and disadvantages, merits and defects, but none is perfect. So, it is very important to find out the exact method of teaching in a particular case. The best method is one where a specific effect is obtained in a specific context. Choices of methods, then, should vary with different purposes, ages groups, and stages of mental development, etc. Today the transformations, which are actively occurring in our country, have lead to people's demand for learning English. Most of them are looking forward to acquiring such a level in knowing language when somebody has certain basic skills of a English and will possess all the qualities necessary for self-perfection of knowledge in it. To realize this task it is necessary to organize educational process in such a way so that it assists in effective realization of people's aims in learning English.

Aim: Currently studying the methodology of teaching a foreign (English) language and ensuring the development of an effective textbook.

Methods of research: Speaking about teaching adults we must say that it can be a very rewarding and enriching experience. In terms of the teaching of English to adults, the right methods to adopt should be multipurpose-oriented, mainly concerned with the characteristics of adults. In others words, with a fully developed mental power, the adults' own modes of thinking, memory capacity, imitation ability, strengths and weaknesses, etc., and above all, how to make the best of them are the starting points for decisions about teaching methodology.

Today we consider it necessary to use innovative methods and technologies in teaching English to adults. Innovative methods and technologies represent an innovative trend in education, based on domestic and global trends, best practices and traditions.

Results: The methods we have developed have already been tested on the students of the training center. With this method, we have made great strides in obtaining IELTS.

Discussion: Today, English is at the forefront of the world. Everyone uses these methods to study this subject. The President of the Republic of Uzbekistan, Shavkat Mirziyoyev, has opened all the ways to study English deeper. For example: schools are opened with in-depth study of English, or training centers are opened in which there is not only the English language, but also other sciences.

Conclusion: The major concern is aiming at how to achieve the best result or a relatively better one in a given context. Adoptions of teaching methods involve such factors as purposes, age groups and stages of mental development. In our opinion, the method of direct instruction and the method of electronic self-directed education are comparatively found suitable for adult beginners. Guided composition should be practiced, combining two or three, even four skills together.

References:

1. Орлова, Вера Александровна, et al. "Аномалии уровней сывороточных аутоантител к антигенам нервной ткани у больных шизофренией: мультипараметрическая иммунологическая оценка." Социальная и клиническая психиатрия 26.1 (2016): 12-20.