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Current Problems of Modern Volleyball in The World and In Uzbekistan

Tulaganov Rustam Khodoykulovich

Candidate of pedagogical sciences, Uzbekistan

Menglikulov Khairulla Alikulovich

Doctor of philosophy on pedagogical sciences, Uzbekistan

Abstract: This article discusses the current challenges faced by modern volleyball at both the global and national levels, focusing particularly on Uzbekistan. The analysis includes issues related to training systems, infrastructure, coaching, financial support, and the impact of globalization and technology. The paper proposes possible solutions to overcome these challenges to improve the competitiveness and popularity of volleyball.

Keywords: Volleyball, highly competitive international sport.

Introduction: Volleyball has evolved from a recreational pastime to a highly competitive international sport with millions of fans worldwide. Despite its popularity, the sport faces numerous problems that hinder its growth. Uzbekistan, a country with potential in volleyball, experiences both universal and local issues that limit its international competitiveness.

Global Issues in Modern Volleyball

Commercialization vs. Development

As volleyball becomes more commercial, investment often prioritizes elite competitions like the Volleyball Nations League or Olympic Games. This shift can lead to neglect of youth development programs and amateur leagues that serve as the foundation of long-term success.

Competitive Pressure and Scheduling Conflicts

International players are often overburdened with matches across multiple leagues, resulting in fatigue

and increased injury risk. Balancing national team duties with club commitments is a growing concern, especially for top-level athletes.

Unequal Access to Technology

Advanced sports analytics, AI-based video analysis, and biomechanical assessments are widely used in top volleyball nations. However, many developing countries lack access to such resources, creating a technological gap in performance optimization.

Standardization of Rules and Refereeing

Although the FIVB has made efforts to standardize rules globally, inconsistencies in rule application and referee performance remain problematic, especially in local leagues.

Challenges in Uzbekistan

Underdeveloped Infrastructure

- Many schools and regions lack dedicated volleyball courts.
- Indoor arenas are limited and often shared with other sports, affecting training schedules.

Lack of Grassroots Support

Volleyball is not systematically included in school physical education curricula, and few private clubs focus on volleyball training for youth.

Coach Training and Qualification

- Coaches often use outdated Soviet-style methods with little integration of modern sports science.
- There is a shortage of female coaches, limiting the development of women's volleyball.

Financial Constraints

- Limited sponsorship and government funding hinder the growth of professional volleyball leagues.
- Talented athletes sometimes shift to better-funded sports like football or leave the country.

Media and Public Engagement

- Low television coverage and digital promotion reduce the sport's visibility.
- Public awareness campaigns are lacking, especially outside of major cities.

Opportunities and Solutions

Investment in Youth Development

- Establish volleyball academies and integrate volleyball into school sports programs.
- Offer scholarships and incentives for young athletes.

Modernization of Coaching Methods

- Collaborate with international federations to train Uzbek coaches in modern techniques.

- Organize workshops, webinars, and certifications aligned with FIVB standards.

Infrastructure Development

- Build more volleyball-specific sports halls in urban and rural areas.
- Partner with universities and private investors for shared use of facilities.

Strengthening Women's Volleyball

- Create separate leagues and development programs for female athletes.
- Promote role models and success stories through media.

Digital and Media Strategy

- Develop official websites and social media platforms for volleyball federations and clubs.
- Broadcast domestic matches online to engage younger audiences.

CONCLUSION

The development of volleyball in the modern world requires coordinated efforts across multiple sectors, including sports administration, education, media, and business. For Uzbekistan, investing in infrastructure, modern training, and promotional strategies is essential for creating a strong national presence in international volleyball. By addressing current problems with a systematic and innovative approach, volleyball can thrive as both a professional sport and a cultural activity.

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