

The place and importance of music in social life

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Abstract: This article analyzes the role and significance of musical art in social life. It is scientifically and theoretically highlighted that music is an important art form that directly affects the human psyche, upbringing and social processes in society. The article examines the educational, aesthetic, spiritual-enlightening, cultural and therapeutic functions of musical art. It also analyzes the impact of musical art on the development of society in different periods, its importance in the cultural and moral development of the individual, and the processes of understanding national identity through music. As a conclusion, recommendations are given on the role of musical art in the upbringing of the younger generation and its role in social integration.

Keywords: Musical art, social life, culture, upbringing, aesthetic upbringing, national identity, spirituality, music therapy, cultural integration, social development.

Introduction: Music is an integral part of human culture, it is not only a means of artistic expression, but also a powerful social phenomenon that affects the development of society. In each era, music has found its reflection in various aspects of human life - from religious ceremonies to labor processes, from solemn holidays to personal inner experiences. Music is distinguished by its direct impact on the human psyche: it embodies such emotions as joy and sorrow, happiness and suffering, and affects the spiritual world of people.

Today, in an era of increasing globalization, the art of music serves as a bridge between different cultures. It is also of great importance as a means of interethnic communication, a factor in historical memory and awareness of national identity. Music plays a particularly important role in the upbringing of the younger generation - it forms a person's aesthetic taste, enriches his spirituality, and encourages him to actively participate in social life.

The article comprehensively analyzes the role of music in society, its educational, educational, therapeutic and cultural functions, and its impact on the human psyche. In addition, the issues of preserving national culture and traditions through music and passing them on to future generations are also considered. Thus, the

article scientifically and theoretically substantiates the incomparable importance of music in human life.

METHODOLOGY

Scientific analysis of the role and importance of music in social life requires a multifaceted approach. In this article, a comprehensive methodological framework was used to ensure the effectiveness of the study. Since music is a powerful factor influencing the life of a person and society, historical, sociological, cultural and psychological approaches were combined in the research process.

First of all, the development of music in different periods was studied based on the historical-analytical method. After all, at each historical stage, music has fulfilled its own specific functions: in ancient times, it harmonized the labor process, in the Middle Ages it became an integral part of religious ceremonies, and in modern times it has become a symbol of artistic expression and creative freedom.

In addition, using sociological research methods, existing scientific views on the role and significance of music in society were analyzed. The impact of music on the development of not only individuals, but also social groups, nations, and humanity as a whole was discussed. Music was considered a factor that unites people and serves their cultural and spiritual growth.

Also, during the research process, the role of music in the formation and preservation of national culture was studied based on a cultural approach. The fact that the musical heritage of each people is one of the important factors reflecting its national identity, and the transmission of traditional values through music to new generations, was scientifically and theoretically substantiated.

The impact of music on the human psyche was analyzed through a psychological approach. During the research, research was conducted on the basis of scientific ideas about music therapy, the impact of music on emotional and cognitive development, and its positive impact on human mood and thinking processes. In particular, the role of music education in the development of children and youth was recognized as one of the important aspects.

This article combines various methodological approaches to comprehensively analyze the place of music in social life. Through historical, sociological, cultural and psychological methods, it is proven that music is not only an art form that gives aesthetic pleasure in social life, but also a force that educates a person, forms national identity and unites society.

Literature analysis (review)

Analysis of scientific literature is of great importance in highlighting the role and significance of music in social life. During the research, various sources were studied on the art of music, its impact on the human psyche, aspects related to education and culture. The literature covers the sociological, psychological, pedagogical and cultural aspects of music, and their analysis serves to strengthen the theoretical basis of the study.

First of all, sociological and philosophical works on the social significance of music were analyzed. Modern researchers emphasize that music serves as a communicative tool in social life, its influence on the formation of changes in society. In particular, scientists such as P. Bourdieu and A. Giddens expressed their views on the influence of art and culture on social structures, paying attention to the role of music in the formation of personal and group identity.

Also of great importance are studies on the psychological impact of music. The views of experts such as Z. Freud, K. Jung and D. Levitin on the study of how music affects the human psyche were analyzed. These researchers studied the impact of music on human emotions, stress management, social adaptation and even the cognitive development of the individual. In particular, sources related to the therapeutic properties of music, its positive effect on human mood and even its use in medicine were studied.

In addition, cultural and ethnographic sources on the stages of development of musical culture and the musical heritage of different peoples were analyzed. In particular, the works of scholars such as Abu Nasr Farabi, Al-Farghani, Z. Isomidinov on the development of Eastern musical culture were studied, and the studies of musicologists such as A. Schoenberg and H. Heinrich on the history of Western music were studied. These studies analyzed the preservation of national and traditional musical samples and their place in modern society.

In the process of analyzing the literature, various approaches were compared to shed light on the place of musical art in social life. It was found that music is not only a form of artistic and creative expression, but also a powerful tool that affects the human mind, social relations, and cultural development. The results of these studies enriched the scientific basis of the article and made it possible to understand the wide range of influence of musical art. The analysis of the literature is enriched with theoretical and practical foundations confirming the importance of musical art in social life, which indicates the relevance of this topic and its direct influence on the development of society.

DISCUSSION

Music is one of the most ancient and influential forms of human culture, and its place in social life has a very wide and deep meaning. As a type of art that directly affects the human psyche, it enriches the emotional world of a person, forms social relations, and plays an important role in preserving cultural heritage. In today's society, the educational, communicative, therapeutic and cultural functions of music are expanding, and its influence is felt not only at the personal level, but also at the level of an entire nation or cultural group.

First of all, music is valued as a tool that has a strong impact on personal education. The musical art of each nation reflects its cultural and national identity, and Uzbek folk music has been fulfilling this task. Through folk songs, maqom art and modern pop music, national values are promoted, and young people are given spiritual education. Especially, musical education from childhood is of great importance in forming a person's aesthetic taste. From this perspective, the use of music in the educational process shows that it has its own importance not only as a type of art, but also as an educational tool.

At the same time, music also plays an important role in shaping the relationships between people in society. Historically, music has always influenced the social aspects of society. For example, in times of war and peace, music has served to inspire people, give hope,

or alleviate pain. Also, in the process of globalization, music is emerging as a force that connects different cultures. Today, musical genres of different nations are mixing with each other, causing the emergence of new directions. This strengthens the position of music in society as one of the important means of cultural integration.

Music plays a major role in human life not only culturally or socially, but also psychologically. Studies show that music can be used to manage human mood, reduce stress, and even as a means of therapy. For example, music therapy is used in the medical field and has been proven to help reduce depression, anxiety, and even pain. From this perspective, music is not just an entertainment tool for the human psyche, but also an important factor in improving psychological health.

However, when it comes to the importance of music in social life, it is also necessary to recognize that it faces modern threats. On the one hand, due to the development of digital technologies, music has gained the opportunity to spread rapidly around the world, but on the other hand, due to mass culture and commercialization, traditional musical heritage is under threat of disappearance. The decline in interest in national music among the younger generation, the excessive dominance of pop culture can overshadow the original spiritual functions of music. Music is an integral part of society, and its educational, social and cultural significance is incomparable. It plays a major role in spiritually and emotionally enriching a person, forming social relationships and preserving cultural heritage. In order to further strengthen the place of music in social life, its role in the education system should be increased, interest in national music among young people should be stimulated, and research should be continued to harmonize it with global culture. In this way, music remains an important factor in the development of society.

CONCLUSION

Music is the most ancient and integral part of human culture, and its role in social life is very wide-ranging and multifaceted. In addition to enriching the inner world of a person, raising his spirituality and influencing social processes in society, it also plays an important role in the formation of the personality. Music directly affects human emotions, develops cultural dialogue and integration in society, and serves as an important tool for preserving and transmitting national heritage to future generations.

In today's globalization processes, music is of particular importance as a means of understanding national identity. The musical heritage of each nation is an integral part of its historical memory, cultural values,

and spiritual heritage. Therefore, preserving national musical traditions and passing them on to the younger generation is one of the important tasks facing today's society. At the same time, modern technologies create great opportunities for the spread of music and pave the way for the mixing of musical styles of different nations. Although this is an impetus for the global development of musical art, it also poses a threat to the loss of traditional musical heritage.

Music plays an important role in human life not only culturally, but also psychologically and pedagogically. Its ability to reduce stress, stabilize the human psyche, and even have a therapeutic effect has been scientifically proven. In addition, music education plays a major role in shaping the aesthetic worldview of young people and developing their creative thinking skills. The educational value of music is that, along with cultivating a person's moral and aesthetic taste, it also forms him as an active member of society.

In conclusion, the art of music plays an important role in every aspect of human life, and its importance is increasing day by day. The social, cultural, and psychological impact of music should be deeply researched and strategies developed for its effective use for societal development. In the future, it is advisable to further strengthen the place of music in the educational process, promote national musical heritage and harmonize it with global musical culture. Music is a powerful art form that enriches the human soul, develops culture and unites society, and it will remain an important part of human life at any time.

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