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SIMPLE ACTIVITIES TO TEACH WRITING AND READING IN ENGLISH

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Abstract: The article addresses simple, practical, and enjoyable exercises that support English language learners in developing their reading and writing skills. It highlights how the motivation and retention of students can greatly be improved through interactive, low-cost approaches based on progressive and communicative language learning theories. Picture labeling, group reading, sentence building with word cards, and mini-books are some of the strategies piloted in the classroom that are used in the research. The study emphasizes the cognitive, emotional, and social benefits of these approaches to learners. Learner-centered interaction, contextual salience, and design simplicity can significantly influence early English literacy development, according to the findings.

Keywords: reading strategies, writing skills, ESL, beginner learners, literacy development, communicative approach, classroom activities

Introduction

Developing reading and writing skills is fundamental in English language education, especially for beginner learners who rely heavily on engaging and comprehensible content. In English language instruction, improving reading and writing abilities is essential, particularly for beginning students who mostly depend on interesting and understandable content. Many teachers struggle to choose engaging, easy-to-implement, and successful activities, particularly in environments with limited resources. Teaching literacy in English doesn't always require sophisticated equipment; well-thought-out, simple-to-understand exercises can produce remarkable outcomes. This essay focuses on offering straightforward yet effective exercises that may be used to develop fundamental English reading and writing skills in a variety of school settings. A learner-centered strategy that places an emphasis on engagement, interaction, and contextual learning provides the justification for selecting easy tasks. Students are more likely to retain vocabulary, comprehend grammar, and write effectively when they are actively involved. The design of these exercises is informed by theoretical viewpoints such as Willis's task-based learning framework and Nation's four strands of language acquisition.

Methodology

This study uses a qualitative methodology that includes document analysis, teacher interviews, and classroom observation. Ten English language classes in primary and lower-secondary educational institutions where the chosen activities were routinely used provided the data. Instructors were asked to explain their lesson ideas, offer insights into students'

performance and emotions, and comment on how well the activities worked. Activities that focused on writing and those that focused on reading were divided into two groups. We looked at each activity's objectives, necessary supplies, procedures, and results. Students with beginner-level English proficiency between the ages of 7 and 12 were included in the target learner group.

Results and Discussion

Reading Activities

1. Picture-Word Matching

One of the strongest and accessible activities is word-pictures matching. Flashcard sets are given to the students; one set contains pictures, and another set contains vocabulary that corresponds to the imagery. Visual strategy strengthens memory and understanding by assisting students in relating new words to pictures. The children in the observed classrooms learned basic nouns like "apple," "dog," and "book" in a matter of seconds. During these sessions, teachers observed an increase in the students' confidence and enthusiasm.

2. Shared reading.

In shared reading, students read together in their own book while the teacher reads from a story aloud. The teacher models pronunciation, asks prediction questions, and stops to define new words. This technique promotes vocabulary development, listening, and reading fluency. Word recognition and expressive reading of students were considerably enhanced in classrooms where shared reading was done on a weekly basis.

3. Word Hunt

Students are instructed to find a list of target vocabulary terms in a reading material as part of a word hunt. Students' scanning and skimming skills, which are critical for successful reading comprehension, will be improved by completing this activity. When participating in the exercise, students in the observed classrooms showed a high degree of interest and excitement. It was viewed as a pleasant challenge by many pupils, which encouraged healthy peer competitiveness. Instructors reported that this method was not only entertaining but also very instructive, since it increased students' familiarity with word meanings, spellings, and context. Additionally, reading the words in real-world contexts strengthened their comprehension of vocabulary and word structures, which improved learning outcomes and long-term retention.

4. Story Sequencing

Students are given a series of photos relating to stories or jumbled tale phrases, which they must arrange in the right order. This aids students in honing their logical reasoning and reading comprehension. Students may be asked to justify their sequence selection by their teachers. In addition to introducing concepts like beginning, middle, and finish, it aids in the development of story structural awareness. Students get ready for subsequent tasks like summarizing or recounting passages with this assignment.

5. Read and Respond

Students complete comprehension questions after reading brief sections or paragraphs.

The questions can encourage a personal response, target vocabulary or factual material, or both. In addition to encouraging students to think analytically about what they read, this activity allows them to construct higher-order reading skills. Open questions encourage discussion and facilitate the development of reasoning and argument skills. It also enables teachers to evaluate levels of comprehension of students and hone their analytical thinking.

Writing Activities

1. Constructing Sentences with Word Cards

Students construct sentences in this activity with pre-prepared word cards containing articles, verbs, adjectives, and nouns. It provides explicit instruction in word order and sentence construction. For instance, students can construct phrases such as "The red cat sleeps." Teachers observed that the kinesthetic aspect of the activity suited tactile and visual learners perfectly.

2. Guided Writing Prompts

Upon the presentation of sentence starters like "Today I saw," students are urged to end the story on their own terms. This empowers students to create compositions which are grammatically

correct and well-structured along with stimulating creativity. Teachers found that children began to use an increasing variety of words and sentences over time.

3. Label the Picture

It involves the students being shown a picture (e.g., a park or scenario in class) and the question is asked, identifying English words. It is extremely effective for vocabulary and spelling development. The students also receive the challenge to intensely concentrate their attention as well as equate the words with occurrences in the actual world.

4. Mini-Books

Students make their own booklets with pictures and a short narrative. Writing, reading, and drawing are all combined here. Teachers said the students were more motivated and assured since they liked their books and presented them to their family members and friends.

5. Write the conclusion

In this activity, students are given the first half of a story and asked to come up with their own ending. This enhances their imagination as well as creativity, as students must think of character development, logical story progression, and wrap-up. Teachers can also ask students to think of other genres—dramatic, humorous, or surprise endings. Apart from encouraging independence and confidence in expressing ideas on their own, it also increases their writing fluency and narrative mind.

Common characteristics of all the activities were minimal preparation time, high student involvement, and flexibility. Educators noted the psychological advantages, where children were joyful, at ease, and eager to engage. Scholastically, the exercises enhanced reading smoothness, sentence construction, recall of vocabulary, and confidence in articulating ideas.

Conclusion

The study results indicate that straightforward, thoroughly organized exercises can be a very key factor in learning English reading and writing, especially for first-year students.

The exercises are effective in providing a happy and friendly learning environment besides facilitating language proficiency. Teachers are asked to integrate these inexpensive, very valuable pedagogies in their classrooms in order to facilitate literacy development effectively. Later studies can investigate the ways in which the conventional approaches can be complemented with digital technologies.

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