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**UDC: 616.314-647.258**

## **PSYCHO-EMOTIONAL STATE OF NURSES WORKING IN DENTAL INSTITUTIONS**

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### **РЕЗЮМЕ**

Эта статья посвящена работающим медсестрам в стоматологической поликлинике. Мы проанализировали литературные данные по трудовой мотивации и психоэмоциональному состоянию медицинских сестер. Этот вид деятельности включает в себя все важные качества, которыми должен обладать человек, хочет помочь больному, нуждающемуся и слабому человеку. Особенно важно психоэмоциональное состояние медсестер, которое помогают больного и человеку.

**Ключевые слова:** Медицинская сестра, стоматология, психоэмоциональное состояние, трудовая мотивация.

**Цель исследования:** влияние сильные и слабые стороны медицинских сестер в стоматологической поликлинике.

**Методы исследования:** Данные анкетного опроса медсестер стоматологической поликлинике.

**Результаты и обсуждение:** теоретически проанализировать психоэмоциональное состояние медицинских сестер в стоматологических поликлиниках. Найти корень проблемы в моральном состоянии медсестер. Именно эти качества помогут в такой сложный и ответственной работе. Ведь от каждого сотрудника зависит жизнь пациента. У 93 % медсестёр испытывают чувство патриотизма к своей профессии, им нравится их работа. На 7 % чаще не нравится профессия и хотелось бы попробовать себя в другой специальности, 45% оценили уровень профессионализма как высокий, 55 % так средний. 78 % имеют квалификационную категорию Высшего уровня, 9 %- Первого уровня, -6 % Второго уровня, а 15 %-не имеют категории. По степени значимости психоэмоциональное состояние медсестры 10 %- за участие в санитарно-просветительской работе с пациентом,

8 %- за организацию работы кабинета, 3 %- за участие в диагностических мероприятиях, 8 %- для ведения документаций.

**Выводы:** Анализы и исследования показали, что уровень развития трудовой активности у медицинских работников напрямую зависит от степени удовлетворенности условиями и содержанием труда, истечения действия категории, стажа работы, то есть, предопределяется объективными социальными причинами условия. Кроме того, на деятельность медицинских работников влияет ряд субъективных факторов (ценностно-мотивационных), таких как получение высоких результатов в работе, моральная удовлетворение, рекомендация к назначению подтверждения категории, профессиональный рост. Качественная медицинская работа обеспечивается при наличии, четырех фактора труда: человеческого, организационного, технического и временного.

### ABSTRACT

This article focuses on working nurses in a dental clinic. We analyzed literature data on work motivation and psycho-emotional state of nurses. This type of activity includes all the important qualities that a person should have, wants to help a sick, needy and weak person. Especially important is the psycho-emotional state of nurses with the help of the patient and helping the person.

**Key words:** Nurse, dentistry, psycho-emotional state, work motivation.

**Objective of the study:** the influence of strengths and weaknesses of nurses in a dental clinic.

**Research methods:** Data from a questionnaire survey of nurses at a dental clinic.

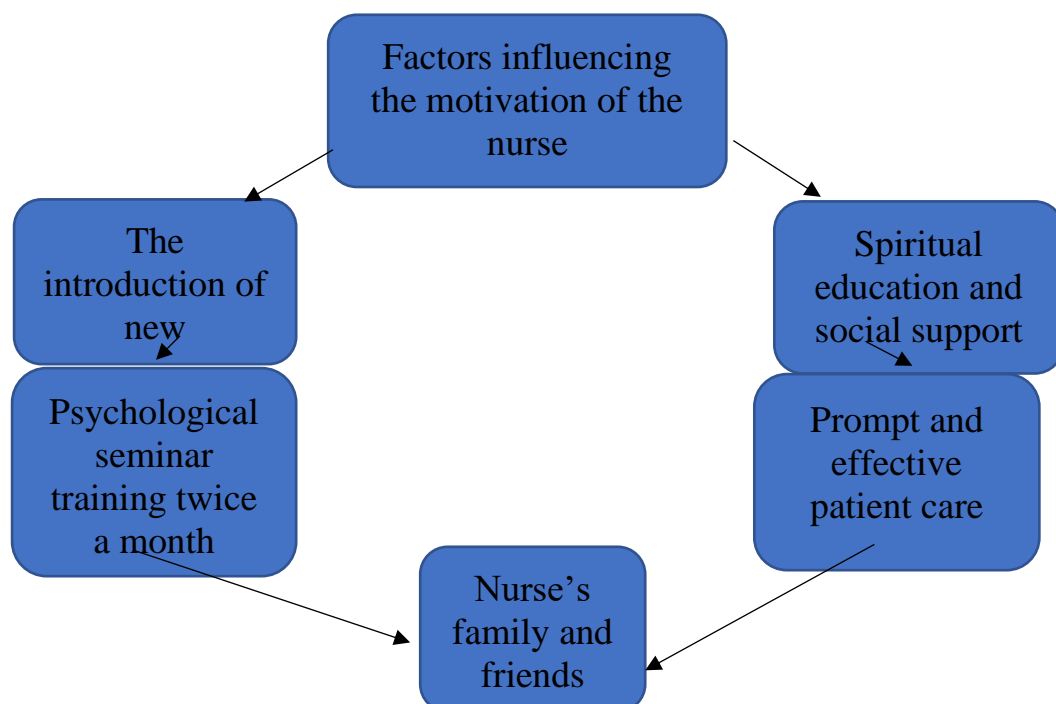
**Results and discussion:** Theoretically analyze the psych-motional state of nurses in dental polyclinics. Find the root of the problem in the morale of the nurses. It is these qualities that will help in such a complex and responsible work. After all, the patient's life depends on each employee. 93% of nurses have a sense of patriotism for their profession, they like their work. 7% more often do not like the profession and would like to try myself in another specialty, 45% rated the level of professionalism high, 55% as average. 78% have the Highest level qualification category, 9% have the First level, -6% the Second level, and 15% do not have a category. In terms of significance, the psycho-emotional state of a nurse 10% - for participation in sanitary and educational work with the patient, 8% - for organizing the work of the office, 3% - for participation in diagnostic activities, 8% - for maintaining records.

**Conclusions:** Analyzes and studies have shown that the level. The development of labor activity among medical workers directly depends on the degree of satisfaction with the conditions and content of work, the expiration of the category, the length of service, that is, it is predetermined by the objective social causes of the condition. In addition, the activities of medical workers are influenced by a number of subjective factors (value-motivational), such as obtaining high results in work, moral satisfaction, recommendation for assigning category confirmation, professional growth. High-quality medical work is ensured in the presence of four factors of labor: human, organizational, technical and temporary.

Important aspects and qualities of a medical professional. The nurse is one of the most important employees of the entire medical staff. This type of activity includes all the important qualities you want to help a sick, needy and vulnerable person. These include: responsibility, diligence, understanding, and helping people quickly and effectively. Understanding, especially if the nurse does not understand what to do and ignores all the requirements of the doctor, will cause problems for the employee with such behavior. We need to study the psycho-emotional state of each nurse. Let's take a look at the first type, this "Dexterous Nurse" Basically she does all the work and

procedures deftly. Its most characteristic feature is that it performs its functions mechanically. The nurse performs the assigned tasks with great precision, attention and meticulousness, showing agility, confidence and quick execution of the set goals. But a characteristic feature of such nurses is a lack of indifference and emotion, a coldness that does not prevent them from performing all tasks clearly and correctly. Such a nurse performs the procedure according to the doctor's instructions. The second round is "The Nurse Who Learns the Role Learned." The role of such nurses can be compared to that of theater actors, all their emotions are just play. They are ready to play the role of a benevolent, ethical psychologist, medical assistant, and trusted partner to reach out to patients. But all this is done on a regular basis. The third type is the nervous nurse. These are emotionally labile individuals who are prone to neurotic reactions. As a result, they are often nervous, hot, rude, and impressionable. Such a nurse often reflects the image of an upset or sad employee, which certainly does not make patients happy. Among patients, he is very hypochondriac, afraid of becoming ill or infected with a "severe disease". Often, he refuses to perform the tasks set by the doctor and does not go to work, they are often skeptical. Their diagnosis is self-love, self-esteem and lack of responsibility. The fourth type is a nurse with a strong mind and self-control. These types of nurses can be included in the right type, they are resilient, have a high level of responsibility, and are not afraid of challenges. But sometimes they can be rude to patients, yet they don't have a "nervous-nurse-like" problem. The fifth round is "Nurse with a sense of motherhood." Such nurses do their job with sincere care and compassion for their patients. For him, this is an important condition of life. He can do anything and is ready for anything. Often, his personal life is imbued with caring for others, love for people. The psycho-emotional state of all types of nurses is radically different, no matter what department they work in, they always have one task - to help the doctor and the patient. But not all nurses have the ability to behave, perseverance, courage, and empathy. All of the types discussed above showed which nurses had difficulty at work.

To cope with the patient's condition, many nurses do not sleep at night, monitor patients, and provide them with physical and spiritual support. Not everyone is able to overcome and maintain their state of mind.



But there are those who motivate themselves, all of which are simply individual. Responsibilities of the dental nurse in the work process. It is the nurse who helps the doctor to carry out preventive and therapeutic procedures. The participation of the nurse will be effective in the activities of the dentist. In this regard, it is important to find a responsible, competent and qualified nurse for any medical institution. Nurses are staff too! Most people think that nurses don't have to rest all the time, they have to be ready all the time, they always have to smile and do all the procedures prescribed by the doctors on time, not just the patients in the wards. Every healthcare professional needs to do their job well. There are also difficulties in the work process, in which the health worker should not show a psycho-emotional state. Motivation is one of the most complex psychological processes in human beings and has caused a lot of controversy. Thus, it should be noted that every employee should feel responsible for their work. According to the survey, the motivation of nurses to work was considered to be moderate. According to this, 93% of nurses have a sense of patriotism towards their profession and they like their job. 7% often do not like the profession and want to try themselves in another profession, 45% rated the level of professionalism as high, 55% rated it as average. 78% have a high qualification category, 9% do not have a First Level, 6% do not have a Second Level and 15% do not have a Category. In terms of the importance of the psycho-emotional state of the nurse, 10% - for participation in sanitary-educational work with the patient, 8% - for organizing office work, 3% - for participation in diagnostic activities, 8% - for paperwork. Personal qualities always play an important role for the nurses working in the dental clinic, they are the basis for successful work, regardless of the activity, profession. No wonder they call nurses sensitive psychologists. Therefore, he has to look his best and behave in a way that makes people attractive, self-assured. This will help to establish a close relationship between the doctor and the patient during future treatment. In addition, appearance is very important, the nurse in the dental clinic should look beautiful and tidy. All hygiene rules must be strictly followed. Not only sound health but his alertness and dedication too are most required. customers to the dental office may be unrestricted. With that in mind, you need to work in a polite and friendly manner. Only in this case, the dental room can attract any patient and cause panic. In conclusion, the main thing to note is that every nurse experiences a moral and psychological burden, a misunderstanding of doctors, patients, and other people around them. Able to overcome any problem. Calmness, calmness, responsibility and understanding, these are the qualities that help in such a difficult and responsible job. After all, the life of a patient depends on every medical professional.

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YDK: 616.155.394.5-002.2-008.8.078

## **SURUNKALI TONZILLITNI BAKTERIOLOGIK TASHXISI**

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**Annotatsiya.** Surunkali tinzillitni genezida mikroorganizmlar va ularning uyushmasi asosiy omil hisoblanadi va murtakdagi yallig'lanish jarayoninig og'irligini hamda asoratlarini bashorat qilish uchun bakteriologik tekshiruvlar, serologic testlar o'tkazish lozim bo'ladi. O'tkazilgan tekshiruv surunkali tonzillitda qo'shimcha omil bo'lib xizmat qiladi va davolashni optimal usullarini tanlashga yordam beradi. Mikrobiologik biotrakt 42-50 analizatorida tekshirildi. Klinik kuzatuvlar shuni ko'rsatadiki, CT ni TASH II bemorlardagi paratonzillyar abscesslarning qaytalanishi BGSA uyushmasi bilan ko'proq uchraydi, BGSA topilmagan bemorlarga nisbatan (26 va 18% mos ravishda). Shunday qilib, klinik amaliyotda mikrobiologik tekshiruvlar natijalari,