

A.M.Karimova, Samarkand State University

ADAPTATION OF CHILDREN TO PRESCHOOL CONDITIONS

A.M.Karimova

Abstract: The article discusses ways of adapting children to preschool education, ensuring that children are in harmony with society and the environment.

Keywords: family, child, circumstances, personality, behavior.

In the family environment, from the first birthday, the child learns a certain diet, eating habits, the atmosphere of family relationships and ways of communicating with them in the prescribed manner. Depending on family circumstances, the child develops certain skills and habits, and depending on the environment, the style of behavior begins to take shape.

Even small changes affect the behavior of young children. This is due to the fact that the child's life experience is not very large, and adaptation to new conditions creates certain difficulties for him.

So, one of the most significant changes in the life of a child is their transition to preschool institutions. This can lead to serious changes in the behavior of the child and the development of adverse reactions. A number of habits that are formed in a child can change, and previously formed stereotypes regarding sleep and nutrition can change in relations with adults. This transition is harder for a child. Adaptation to new conditions is not always smooth and not easy.[1-15]

The adjustment period depends on the nature of the child and age. In this difficult period for any child, when taking the child to a preschool, you need to talk with parents, find out about home conditions, nutrition of the child. Children who are brought up by adults at home can cry a lot in preschools. The teacher should periodically keep and reassure them until they adapt to the new situation.

When they come to the preschool, they can forget about the habits that they learned in the past: the child no longer tells them to sit on the potty, there may be a problem with speech, and they can crawl again, even if they walked earlier. In addition, the child has fever, indigestion, rash, etc.

Studies show that children who grow up in large families or relatives live together faster than others. From the foregoing, it becomes clear that the most important thing for a child in the period of adaptation to preschool education depends on how adults interact with him, how well he is organized in group life.

Given the adaptation of the child to preschool education, it can be divided into three groups:

Group 1. Children who cannot be far from their loved ones. They often cry a lot when they are away from their loved ones and cannot get used to it.

They may not eat the food provided in preschools, they may not sleep and may not listen to adults. These children can get used to a long period from 20 days to 3 months.

Group 2. Children who have some experience with strangers. This group includes children who grew up at home, among neighbors and relatives. They spend a lot of time in preschool. She can cry only when she wakes up in the morning, when she remembers. The adaptation period for this group can last from 1 week to 20 days.

Group 3. Children who need to be active on their own, communicate with adults on interesting topics. Such children adapt to new conditions from 3 days to 1 week.[2]

To help children get used to preschool education faster:

conducting individual interviews with parents;

- find ways to calm the child;

- instruct parents not to leave their children in preschool for a long time in the early days;

- no more than 2-3 new children per group per week;

- does not change the teachers and the composition of the group.

Only when children make peace, both in a group and at home, observe the regime, eat with appetite, do not cry when they wake up, and feel comfortable with other people around them, they do not recognize.

References

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Botayev Murod, Head of Department for International Cooperation and
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Affairs

of the Republic of Uzbekistan

PRELIMINARY INVESTIGATION CONCEPT

M.Botayev

Abstract: Comments are made in this article to the definition of the preliminary investigation concept institute, the views of various scholars in this area are studied and analyzed.

Keywords: preliminary investigation, to initiate criminal proceedings, law, notice, application, decision.