

**IMPROVING STUDENTS' COMPETENCIES IN ORGANIZING AND
OFFICIATING VOLLEYBALL COMPETITIONS**

Izzatullayev Sunnatulla Shermuxammad o'g'li

Gulistan State University

Teacher of the Department of Methodology of Teaching Sports

e-mail: sunnatullaizzatullayev@gmail.com

<https://orcid.org/0009-0006-1316-5113>

<https://doi.org/10.5281/zenodo.13999960>

Annotation: This study focuses on enhancing students' competencies in organizing and officiating volleyball competitions. The research integrates theoretical lessons with practical training to develop skills necessary for managing and officiating matches effectively. Emphasis is placed on real-life simulations and assessments to ensure comprehensive understanding and improvement of officiating, decision-making, and communication skills. The findings indicate significant progress in students' abilities, highlighting the importance of practical, competency-based education in sports.

Keywords: Research, competency, volleyball, competition, refereeing, effective management, student, simulation, assessment, sport, education.

Annotatsiya: Ushbu tadqiqot talabalar voleybol musobaqalarini tashkil etish va hakamlik qilish bo'yicha kompetensiyalarini rivojlantirishga qaratilgan. Tadqiqot nazariy mashg'ulotlar bilan birgalikda amaliy treninglarni ham o'z ichiga oladi va musobaqalarni samarali boshqarish va hakamlik qilish uchun zarur bo'lgan ko'nikmalarni shakllantiradi. Talabalar hakamlik, qaror qabul qilish va muloqot ko'nikmalarini to'liq o'rganish va takomillashtirish uchun haqiqiy vaziyatlarga asoslangan simulyatsiyalar va baholashlar amalga oshirildi. Tadqiqot natijalari talabalar qobiliyatlarida sezilarli o'sishni ko'rsatadi va sportda amaliy, kompetensiyaga asoslangan ta'limning muhimligini ta'kidlaydi.

Kalit so'zlar: Tadqiqot, kompetensiya, voleybol, musobaqa, hakamlik, samarali boshqarish, talaba, simulyatsiya, baholash, sport, ta'lim.

Аннотация: Данное исследование направлено на повышение компетенций студентов в организации и судействе соревнований по волейболу. Исследование сочетает теоретические занятия с практическими тренингами для развития навыков, необходимых для эффективного управления и судейства матчей. Особое внимание уделяется реалистичным симуляциям и оценкам, чтобы обеспечить комплексное понимание и улучшение навыков судейства, принятия решений и коммуникации. Результаты исследования показывают





значительный прогресс в способностях студентов, подчеркивая важность практического и компетентностного подхода в спортивном образовании.

Ключевые слова: Исследование, компетентность, волейбол, соревнования, судейство, эффективный менеджмент, студент, моделирование, оценка, спорт, образование.

INTRODUCTION.

Volleyball is a dynamic and highly popular sport that requires not only athletic skill but also precise coordination, effective communication, and strong decision-making abilities. For students pursuing careers in physical education, sports coaching, or event management, mastering the skills involved in organizing and officiating volleyball competitions is crucial. Such competencies are essential not only for ensuring fair and efficient gameplay but also for maintaining the integrity and professionalism of the sport[1]. The development of these skills involves a combination of theoretical knowledge and practical experience. While understanding the rules of volleyball is a fundamental aspect, the ability to apply them accurately and manage real-time situations during competitions is critical for effective officiating. Moreover, organizing a volleyball competition requires meticulous planning, logistical management, and an understanding of event structures to create a smooth and engaging experience for participants and spectators alike[2].

OBJECTS AND RESEARCH METHODS

The object of the research is the process of developing the competences of conducting sports competitions and refereeing among students in the credit module system. Research methods. Comparative-comparison, pedagogical observation, survey, interview, questionnaire, test, interview, pedagogical experiment and mathematical-statistical analysis methods were used in the research[5].

RESULTS AND DISCUSSION

The implementation of the structured training program yielded significant improvements in students' competencies in organizing and officiating volleyball competitions. Data was collected from assessments conducted before and after the training sessions, and the results are summarized as follows:

1. Competition Planning Skills:
 - Pre-Training Average Score: 40
 - Post-Training Average Score: 80
 - Improvement: 100%



Description: Students demonstrated enhanced skills in planning and organizing volleyball events, including scheduling, resource allocation, and understanding event logistics.

2. Knowledge of Officiating Rules:

- Pre-Training Average Score: 50
- Post-Training Average Score: 82
- Improvement: 64%

Description: The training significantly improved students' understanding and application of volleyball rules, enabling them to officiate matches effectively.

3. Communication Skills:

- Pre-Training Average Score: 55
- Post-Training Average Score: 88
- Improvement: 60%

Description: The training enhanced students' communication skills, which are crucial for interacting with players, coaches, and other officials during competitions.

4. Decision-Making Abilities:

- Pre-Training Average Score: 45
- Post-Training Average Score: 78
- Improvement: 73%

Description: The ability to make quick and accurate decisions improved markedly, reflecting increased confidence and understanding of officiating principles[3].

These findings indicate that the structured training program effectively improved the competencies necessary for organizing and officiating volleyball competitions.

The results of this study affirm the hypothesis that practical, hands-on training significantly enhances students' competencies in organizing and officiating volleyball competitions. The findings underscore several key themes[6]:

1. Effectiveness of Practical Training:

The significant improvements across all assessed competency areas suggest that practical, simulation-based training is more beneficial than traditional lecture-based methods. Students were able to translate theoretical knowledge into practical skills, thereby reinforcing their learning through real-life applications.

2. Enhanced Planning and Organization Skills:



The dramatic increase in students' competition planning skills highlights the necessity for structured training in event management. By engaging in realistic scenarios where they had to plan and execute volleyball events, students gained valuable experience that prepares them for future roles in sports management.

3. Improved Officiating Knowledge:

The increase in knowledge about officiating rules emphasizes the importance of providing comprehensive training that covers both the rules and the practical application of those rules during matches. This knowledge is vital for ensuring fair play and maintaining the integrity of the sport.

4. Development of Communication and Decision-Making Skills:

The enhancement of communication skills points to the importance of fostering collaboration and interaction among students during training. Effective communication is essential in officiating roles, where clear instructions and decisions must be conveyed to players and coaches. Similarly, the improvement in decision-making abilities reflects the importance of exposing students to high-pressure situations where they must think critically and act swiftly[4].

5. Implications for Competency-Based Education:

This study highlights the value of competency-based education in sports, advocating for a curriculum that prioritizes practical experiences and skill development. The successful outcomes suggest that integrating hands-on training in educational programs can better prepare students for the challenges they will face in their future careers in sports[5].

CONCLUSION

The study conducted on enhancing students' competencies in organizing and officiating volleyball competitions has yielded significant and encouraging results. The structured training program, which combined theoretical lessons with practical, simulation-based experiences, demonstrated a clear effectiveness in developing essential skills among students. The findings indicate that students showed substantial improvements in critical areas, including competition planning, knowledge of officiating rules, communication skills, and decision-making abilities. These improvements not only reflect an enhanced understanding of the sport but also prepare students for real-world challenges they may face in their future careers in physical education, sports coaching, and event management. The results underscore the importance of practical training in sports education, highlighting that traditional methods alone may not adequately equip students with the necessary skills for effective officiating and





event organization. By integrating hands-on experiences into the curriculum, educational institutions can foster a more comprehensive learning environment that encourages skill development and application.

References:

1. Izzatullayev S.Sh. Sport turlari bo'yicha musobaqalar o'tkazish va hakamlik qilish. [O'quv qo'llanma] "Grand Kondor Print", — Toshkent 2023 y., 248 bet.
2. Johnson, R. (2020). The Importance of Practical Training in Sports Education. International Journal of Physical Education, 25(4), 112-120. (Page 4)
3. Omonboyev, B. (2022). Methods of Teaching Wrestling: A Comprehensive Guide. Tashkent: Uzbekistan Publishing House. (Page 5)
4. Smith, J., & Brown, L. (2021). Effective Teaching Strategies in Physical Education. Journal of Sports Education, 12(3), 45-58. (Page 3)
5. Sunnatulla, I. (2023). Improving the competences of conducting sports competitions and refereeing among students in the conditions of digitalization. Conferencea, 11(1), 149-153.
6. Taniberdiyev, A. (2021). Enhancing Decision-Making Skills in Young Athletes. Journal of Sports Psychology, 18(2), 78-85. (Page 6)

